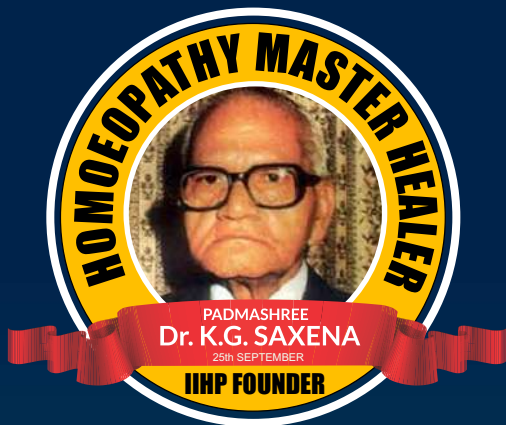
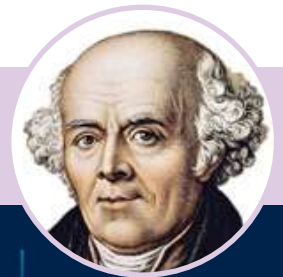




RATIONAL PHYSICIANS

A FREE PDF QUARTERLY SCIENTIFIC AND NEWS JOURNAL
INDIAN INSTITUTE OF HOMOEOPATHIC PHYSICIANS



HOMOEOPATHY VIKAS DIWAS

Special Issue



- Homoeopathy in Palliative Care
- Navigating Neuropathy
- Cholelithiasis
- Susceptibility
- Homoeopathy for Mother & Child
- Alopecia Totalis

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Dr Sudhanshu Arya
Managing Editor
homoeospan@yahoo.com

KEY NOTES The Editorial

In celebrating a birthday, what is relevant to medical science, especially homoeopathy? In April we celebrated the birthday of Master Hahnemann with fanfare and with almost equal interest we will be celebrating the birthday of our founder secretary general Dr K G Saxena's birthday in September. In the meanwhile we will be celebrating the birthday of another doctor, Dr Bidhan Chandra Roy, as National Doctor's day all over India. What is common among these birthdays and what is relevant to homoeopaths?

Well! Celebrating the birthdays of our heroes is about keeping their legacy alive in a world that tends to forget. When we celebrate their birthday, we honour the values they stood for and the struggles they endured. It creates a moment to reflect on their impact, to educate others—especially younger generations—and to reconnect with the ideals they championed. They just not created history; they paved way for the future. Their foresight and relentless labour bore the fruits we are enjoying today. They had with them blueprints for the future of mankind.

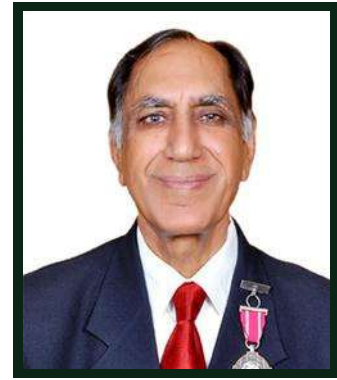
We have a hero who gave us homoeopathy while another one gave homoeopaths the right to practice. Another one brought so much prestige to the medical profession in India. Celebrating their birthday brings people together in remembrance, creating a shared cultural memory that helps shape our collective identity. And sometimes, we need heroes not just to follow, but to remind us what's POSSIBLE.

Celebrating the birthdays of our heroes isn't just about candles and cake, it is about emulating their attitude, remembering their qualities and contributions to the society, practicing their preaching and finally contributing to the medical science especially homoeopathy. Can you do it?

Requesting you to celebrate Homoeopathy VikasDiwas in a big way all over India and world. In the meanwhile do attend national seminar at Gwalior by IIHP.

We hope you will find this issue of Rational Physicians informative and useful. Waiting for your feedback.

Dr Sudhanshu Arya
Managing Editor
homoeospan@yahoo.com

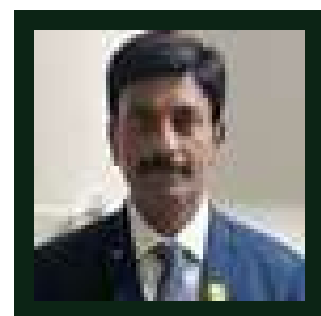


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RATIONAL PHYSICIANS

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Hello friends!
Greetings from IIHP!

This time it was a great learning experience from the LMHI 2025 held in Utrecht Netherland. Those who have not attended this event, really missed many important homoeopathic informations.

I always use to say that if we get a single point / information, (which is very valuable for our clinical practice) from any book/lecture/seminar etc., it can change the style and future of our homoeopathic practice.

I have no doubt that the homoeopathy has flourished in India and we have so many wonderful practitioners here, who have many unbelievable cured cases in their practice. So I don't / cannot underestimate the quality of homoeopathic practice in India, rather it is the best one in the world.

But even I say that, there are many homoeopaths scattered in the world having very beautiful and unique kind of practice. Moreover, there are always chances to learn from any one, because no one knows everything and everyone might be knowing something which we don't know. What I am discussing here, I have experienced by my own. I have been to so many homoeopaths for learning homoeopathy and have really got highly benefitted.

So when we are going to attend one conference at global level like LMHI, we get chances to learn from the clinical experiences of variety of homoeopaths. What I have felt is, it is always beneficial. There are many good quality papers presented in almost every conference. So please make a habit to attend these types of events to enhance our own

clinical practice.

We Indian homoeopaths also should come forward in a greater number, to showcase our cases. Though there are almost always many papers from India, but the representation of our IIHP homoeopaths should be improved in LMHI conferences. This time in Utrecht also, I have not seen even few papers from our IIHP people.

So this number should be much more than what it was this time. We have many homoeopaths who have very wonderful cured cases with them, but they do not present them may be due to lack of time / documentation etc.

Actually this is the high time now that we should cultivate the habit of evidenced based practice. For that we should keep all the information of the patient's cases in our documents, esp. the before, during and after the treatment, reports and videos of the patients. We should take one topic and see the role and efficacy of our medicines in that particular field.

For example, this time my topic of presentation was “Role of Homoeopathy in The Improvement of Quality of Life of Stage IV Cancer Patients-A Prospective, Experimental, Non-Controlled Trial” I feel myself fortunate that I got beautiful remarks about my paper from one of the world famous oncologist- Dr. Michael Frass, he is from Viena. In this study the QoL of cancer patients was significantly improved as the p value was 0.0001. It was all evidence based and was highly appreciated. Dr. Frass took some of my pictures during my presentation and sent to me. It is a great honor for me. We shared and discussed so many things about Homoeopathy and Oncology. I learnt many things from this conference. I feel it was worth going and attending it.

So, it is my humble suggestion to my homoeopath fraternity in general and IIHP family in particular to focus on the evidenced based practice and showcase your studies at various platforms, which will be beneficial for many of our friends.

Kind regards.

Dr. Tanvir Hussain

M.D. (M.M), M.D. (Organon of Medicine), M.D. (Repertory), Ph.D. (M.M), Post Graduate in Integrative Oncology, Fellowship in Palliative Care, Ozone Therapy Course, Diploma in Naturopathy & Yoga (N.D.D.Y).

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India



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6th April 2025

IIHP Eluru Celebrates Dr Hahnemann Birthday



270th Birthday celebrations of our Master Dr Samuel Hahnemann were a grand success at Athidhi International RR Pet Eluru on 6th April 2025 Sunday. National Advisor Dr KRK Prabhakar Murthy, National Joint secretary Dr D Subbarao, State Advisor Dr MDV RamanaRao, State President Dr VK Pankajakshan and other State executive committee members along with West Godavari District Executive members graced the occasion for which we are grateful. In this context, We appreciate and express gratitude to the Senior Homoeo doctors who have taken time to come all the way from Guntur, Vijayawada, Kakinada and Jangareddygudem and for your valuable insights sharing with us. Thank you Dr I Lakshmi Deepak, for presenting the truly insightful and engaging, Dr SunkaraVeerabhadra first Memorial Lecture about Hypopigmentation and Homeopathic Management. Thank you all Eluru IIHP Homoeo Senior Physicians and Doctor Friends for your contributions and enthusiastic participation which made this 270th Birthday celebrations grand success. Each and every one was excited to offer heartfelt congratulations and best wishes to newly elected team headed by Dr Bhaskarachary, he being the new President IIHP W G Dt Chapter.

Reported by Dr VK Pankajakshan, State President, IIHP AP State Branch

NEWS & UPCOMING EVENTS



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6th April 2025

IIHP Gwalior Unit Elections



A Crucial meeting was held at the residence of Dr MK Gupta, the chief coordinator of the IIHP-MP to discuss the formation of new Gwalior unit for the upcoming tenure of 2025 to 2027. The meeting was conducted under the leadership of Dr MK Gupta with esteem figures in attendance, including Dr JK Mishra and Dr O P Gupta advisor – IIHP-MP and state president, Dr Narendra Pathak, State Secretary Dr Atul Gupta State treasurer Dr Roopa Anand, Dr Surendra Raipuriya. During the meeting, various key topics were discussed, including the formation of the Gwalior unit, which is expected to bring fresh perspectives and energy to the IIHP in the coming years. The attendees also deliberated on the upcoming celebration of Hahnemann day which is a significant event in the Homoeopathic calendar and made plans for the future activities of the IIHP in the state. Dr O P Gupta in his capacity as state advisor formally concluded the meeting, reading the final proceedings and provided direction for the units, activities and future endeavours. This meeting marks an important step forward for the IIHP as it focuses on expanding its influence in Gwalior and strengthening the Homoeopathic community in Madhya Pradesh.

Dr Amarnath Pathak, Dr Shriniwas Sharma, Dr Mahendra Garg, Dr Madhusudhan Sharma and Dr DC Arya have been elected as advisors of IIHP Gwalior unit, Dr Divya Dixit has been elected as the president of Gwalior unit, Dr Meenu Garg and Dr Vinay Gupta as the vice president, Dr Devesh Pathak as the secretary, Dr Prem Lata Kushwaha as the treasurer, Dr Mahesh Goyal as the joint secretary, Dr Humera Khan as the CME secretary, Dr Manish Tiwari, Dr Vishwakant Sharma, Dr Binendra Tomar, Dr B K Peswani and Dr Sanjay Amulani as the executive members of IIHP Gwalior unit.

Reported by Dr Atul Gupta Secretary IIHP MP

NEWS & UPCOMING EVENTS



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7th April 2025

World Homoeopathy Day Celebration at Chennai



World Homoeopathy Day is celebrated today (07-04-2025) by the Homoeopathy Department in Directorate of Indian Medicine & Homoeopathy in the campus of Arignar Anna Govt. Hospital for Indian Medicine, Chennai. A special camp on Bone Mineral Density Test is conducted in the premises of Arignar Anna Govt. Hospital. 130 people tested for Bone Mineral Density. 40 people found normal, 3 found to be osteopenia and 77 found to be osteoporosis. The Joint Director (Siddha), the Joint Director (Ex-Officio), Yoga and Naturopathy, Medical Superintendant, Resident Medical Officer, Homoeopathy Doctors and students participated in the programme. All the special Invitees spoke about the Importance of Homoeopathic treatment and its cost effective nature. Dr.N.R.Jayakumar, M.D.(Hom.), President, Tamil Nadu Homoeopathy Medical Council and Smt.K.S. Rajeswari, Registrar, Tamil Nadu Homoeopathy Medical Council along with staff members attended the programme. In his address, the President of the Tamil Nadu Homoeopathy Medical Council, Dr.N.R.Jayakumar, M.D.(Hom.) among other things, has stated that many people are suffering with Vitamin-D, deficiency, and hence a Vitamin-D, "Awareness Campaign" to be started so as to give awareness to the people. Further, land may be allotted to the Tamil Nadu Homocopathy Medical Council by the Commissionerate of Indian Medicine & Homoeopathy so as to construct a building to Tamil Nadu Homoeopathy Medical Council at the earliest.

10th April 2025

IIHP West Godawari District and AP State branch celebrated the WHD with Free Medical Camp

NEWS & UPCOMING EVENTS



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270th Birth Anniversary of our Founder Dr Samuel Hahnemann was celebrated at ELURU, AP. IIHP invited Local MLA Sri Badeti Radhakrishnaiah to Garland the Bronze Statue of our Founder of Homoeopathy Dr HAHNEMANN and also Distributed Free Homoeo Medicines for Sunstroke and other diseases on this occasion. IIHP National President Dr K S S Siva Murthy, AP State President Dr V K Pankajakshan, W.G. Dist President Dr R P Bhaskaracharyulu and other Local IIHP Doctors graced the occasion.

10th April 2025

IIHP Bareilly Celebrated Dr Hahnemann's Birthday and World Homoeopathy Day



Master Hahnemann's 270th Birthday was celebrated by members of IIHP-Bareilly on 10.4.25 in afternoon at the clinic of Dr Sudhanshu Arya. After garlanding Dr Hahnemann's Picture floral tributes were paid, after that a cake was cut and distributed with other snacks. The qualities and virtues of Dr Hahnemann were discussed by all. Senior members Dr Ashok Rastogi and Dr Rakesh Sharma along with Dr Dinkar Arya, Dr Seema Kumar, Dr Praveen Gupta, newcomer Dr Taiba Khalid and Dr Vivek B Arya were also present. In the end Dr Sudhanshu Arya thanked all present.

Reported by Dr Sudhanshu Arya

NEWS & UPCOMING EVENTS



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10th April 2025

Delhi State Branch Organised a Webinar with Dr MdParvezSaifi on the Subject 'Life Saving Drugs in Homoeopathy'



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BHMS (DELHI)
PG SCHOLAR IN
ORGANON OF MEDICINE AND
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NEWS & UPCOMING EVENTS



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10th April 2025

IIHP Guntur Celebrated WHD



Dr M D V Ramanarao along with other members of Guntur IIHP celebrated Master Hahnemann's birthday by garlanding Dr. Hahnemann's statue installed in the premises of Guntur Medical College.

10th April 2025

IIHP Greater Hyderabad Celebrates Dr Hahnemann Birthday with Homoeo Walk at JSPS College



IIHP Greater Hyderabad and Dr. Lingarajugaru additional director & principal JSPS Medical College invited homoeopaths and IIHPians to celebrate the birthday of Dr Samuel Hahnemann and unveiling of the statue of legendary Dr Sohan Singh Sir on 10th April 2025.

On This occasion a Homoeo Walk with Director Madam, Vice Chancellor KNRUHS and Dr S Venugopala Chary and Staff and other doctors was organised in the morning. Reported by Dr Madhu Varanasi and M N Raju.



10th April 2025

IIHP Jaipur Celebrates Dr Hahnemann's Birthday

होम्योपैथी चिकित्सा पद्धति का बताया महत्व



जयपुर @ पत्रिका. इंडियन इंस्टीट्यूट ऑफ होम्योपैथिक फिजिशियंस की जयपुर इकाई की ओर से वैशाली नगर स्थित एक होटल में विश्व होम्योपैथी दिवस मनाया गया। मुख्य अतिथि पूर्व आइएएस प्रदीप बोरोड थे व अध्यक्षता डॉ. टी पी यादव ने की।

आयोजक डॉ. कमलेन्द्र त्यागी एवं डॉ. मुकेश गुप्ता ने बताया कि डॉ. एल सी शर्मा, एके लादुना, डॉ. अमित

खंडेलवाल व डॉ. दिलीप सोनी ने होम्योपैथी चिकित्सा के विकास के बारे में विस्तार से बताया।

सेवारत होम्योपैथिक चिकित्सक संघ, राजस्थान की कॉस्टीट्यूशन क्लब में कार्यक्रम हुआ। मुख्य अतिथि उप मुख्यमंत्री प्रेम चंद बैरवा व विशिष्ट अतिथि डॉ. मनोज राजोरिया थे। डॉ. ताराप्रकाश यादव सहित अन्य विशेषज्ञों ने होम्योपैथी चिकित्सा की महत्ता बताई।

Newly formed IIHP Jaipur Chapter of Rajasthan celebrated World Homoeopathic Day in Jaipur at Vaishali Nagar. Some 150 Doctors Participated.

Reported by Dr VinodSangwan



10th April 2025

Punjab Government Announces Opening of Govt. Homoeo Medical College and Hospital

WORLD HOMEOPATHY DAY

Government Homeopathic Medical College and Hospital to come up in Punjab

PUNJAB EXPRESS BUREAU
Chandigarh, April 9

In a move aimed at preserving and promoting homeopathy as desired by Chief Minister Bhagwant Singh Mann, Punjab Health and Family Welfare Minister Dr Balbir Singh, on the occasion of World Homeopathy Day, announced the establishment of a Government Homeopathic Medical College and Hospital in Ludhiana district. The World Homeopathy Day is celebrated to honour the birth anniversary of Dr Samuel Hahnemann, the father of homeopathy, on April 10.

The announcement was made during a state-level event organised by the Punjab Homeopathy Department at Municipal Bhawan here.

While emphasising the importance of preserving and promoting homeopathy, Dr Balbir Singh called upon homeopathic doctors and experts to take the lead in safeguarding this traditional system of medicine.



"This college will serve as a mother institution to propagate homeopathic treatment across Punjab," said the Health Minister, while acknowledging the pivotal role played by the Chief Minister Bhagwant Singh Mann in batting for the college during his tenure as a Lok Sabha Member of Parliament.

While assuring the every possible support to the Homeopathy Department, the Health Minister expressed his

vision to upgrade the college into a postgraduate institution in the future, besides filling vacant posts in Homeopathy department and providing financial assistance to further strengthen infrastructure.

On the occasion, renowned homeopathy experts Dr AS Mann and Dr Avtar Singh also shared insights on new medical initiatives and breakthroughs in homeopathy.

NEWS & UPCOMING EVENTS



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11th April 2025

IIHP Cuttack Celebrated Dr Hahnemann's Birthday with Seminar

INDIAN INSTITUTE OF HOMOEOPATHIC PHYSICIANS CUTTACK BRANCH, CUTTACK, ODISHA



Dear Sir/Madam,

You will be glad to know that IIHP Cuttack Branch, Odisha is celebrating the 270th birth anniversary of Dr. C.F.S. Hahnemann on 11th April 2025 at MATRU BHAWAN, Cuttack. This ceremony will be adorned with a valuable scientific seminar on the burning issue "**PSYCHO-SEXUAL WELLNESS & HOLISTIC HOMOEOPATHY APPROACH**". Eminent speaker will grace this auspicious occasion.

With profound sense of gratitude, IIHP, Cuttack Branch, cordially invites you to participate on this occasion and make it a grand success.

Thanking You

Dr. Manoj Kumar Mohanty
(CHAIRMAN)

Dr. Artaballav Dash
(CONVENOR)



A Seminar on the topic 'Psycho-Sexual Wellness and Holistic Homoeopathy Approach' was organised by IIHP Cuttack Branch on the occasion of Dr Hahnemann's Birthday.

NEWS & UPCOMING EVENTS



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11th April 2025

IIHP Chennai participated in Dr Hahnemann Birthday Celebrations at Chennai



Dr KolliRaju President IIHP Tamilnadu and Dr WelbertDhasBritto Vice president of IIHP Tamilnadu participated in the program of 270th Birthday Celebration of our Founder of Homoeopathy Dr Christian Friedrich Samuel Hahnemann on 11.4.2025 organized by Venkateswara Homoeopathic Medical College and Hospital, Porur, Chennai. Dr KolliRaju participated as Guest of Honour and delivered the lecture on development of Homeopathy in India and the Activities of CCRH.

13th April 2025

IIHP AP State Branch Celebrated Dr Hahnemann's Birthday with Seminar and State Elections held



IIHP - AP State Branch, celebrated the 270th Birth anniversary of Dr.Samuel Hahnemann and conducted 18th State Conference of IIHP, hosted by the Guntur district Unit meticulously and elegantly on Sunday, 13-04-2025 at Guntur.

NEWS & UPCOMING EVENTS



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Eminent personalities who participated were Dr.K.S.S.Siva Murthy - National President as Chief Guest, Dr.K.R.K.Prabhakar Murthy - National Advisor and Past National President, Dr.M.D.V.RamanaRao - State Advisor and Chairman, Organising Committee, Dr.D. SubbaRao - National Joint Secretary [South zone], Prof.Dr.SamirChaukhar - Chief Speaker and National Joint Secretary [West zone], Dr.V.K.Pankajakshan - A.P State President, participated as guests of Honour in the event.

Inaugural Session started off with paying rich tributes to Dr.Hahnemann. Dr.V.K.Pankajakshan presided over the function. Dr.K.S.S.Siva Murthy was felicitated, who gave Chief Guest's address. In the Scientific sessions Prof.Dr.SamirChaukhar from Mumbai delivered "Dr.B. Vijaya Mohan 26th Memorial Lecture" on Autism and presented evidence based case studies. Dr.U.S.V.Prasad Principal, ASRHMC, Tadepalligudem, Dr.Shyam Kumar Vaishnav and Dr.N.Gavesh also presented papers.

General Body Meeting and Elections for A.P. State Executive for the year 2025-2027 were conducted by Dr.K.S.S.Siva Murthy, Dr.K.R.K.Prabhakara Murthy and Dr.D.SubbaRao.

The following members were unanimously elected for IIHPAP STATE EXECUTIVE COMMITTEE (2025-2027)

Immediate Past President & CEC Member : Dr.V.K.Pankajakshan

State Advisors: Dr.M.D.V.RamanaRao & Dr.K.V.R.L.N.Sarma

Technical Advisor: Dr.G.Rajendra Prasad

Scientific Advisor: Dr.B.S.Venkateswara Rao

State President: Dr. D. Narendra Nath

Vice Presidents: Dr.B.S.Mohan, Dr.N.B.V.Tilak, Dr.P.Kumariah

General Secretary: Dr.P.B.K Satish

Joint Secretaries: 1. Kurapati Srinivas, Dr.K.Vivekananda, Dr.D.Kodanda Rami Reddy, Dr.I.Lakshmi Deepak

Treasurer: Dr.M.S.R.Sastry

Cultural Secretary: Dr.P.Hariprasad Rao

Ladies Representatives: Dr.P.Kamalavalli, Dr.V.Babitha, Dr. Shanthi Priya.

Reported by Dr.V.K.Pankajakshan, President, IIHPAP State

NEWS & UPCOMING EVENTS



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13th April 2025

IIHP Agra Celebrated Dr Hahnemann's Birthday



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NEWS & UPCOMING EVENTS



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13th April 2025

Dr Hahnemann's Birthday Celebrated by IIHP at Ambala



World Homeopathic Day was celebrated at the residence of Dr. Harprakash Sharma in Shastri Colony, Ambala Cantt, on the occasion of the 270th birthday of the founder of homeopathy. Doctors from Ambala Cantt, Ambala City, and Kurukshetra participated in the event. The program began with floral tributes to the statue of Dr. Hahnemann, followed by all the physicians taking the Hahnemann pledge. Dr. Harprakash Sharma welcomed everyone and shared insights into Dr. Hahnemann's life. He urged all attending doctors to actively participate in seminars and webinars, emphasizing that knowledge exchange is crucial. Furthermore, the National Homeopathic Commission has now made attending seminars mandatory, requiring every doctor to attend two council-approved seminars within five years, failing which their registration will be cancelled.

Dr. Dinesh Mohan Pradhan, head of the IIHP Ambala Unit, welcomed the participants and encouraged them to follow the path laid out by Dr. Hahnemann. He then provided an in-depth discussion on treating heart disease patients with homeopathy, sharing case studies and explaining how homeopathy works on cardiac conditions.

In conclusion, Bikram Singh, Deputy Superintendent from the Homeopathic Council office, guided all doctors on how to upload their documents onto the National Homeopathic Mission portal, as many were facing difficulties in getting approval.

Reported by Dr. Harprakash Sharma, Former Chairman, Homeopathic Council, Haryana

13th April 2025

IIHP Gwalior celebrates 270th Birth anniversary of Dr. Hahnemann with Grandeur

NEWS & UPCOMING EVENTS



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Gwalior 13 April 2025, The Indian Institute of Homoeopathic Physicians Gwalior Unit with the support of IIHP Madhya Pradesh State body celebrated the 270th birthday anniversary of Dr Samuel Hahnemann, the founder of Homoeopathy at Hotel Vinayak Gwalior. The event was held under the supervision of Dr MK Gupta, Chief Coordinator & National Advisor IIHP MP.

The celebration commenced with the traditional lightning of lamps and garlanding of the portrait of Dr Hahnemann and MaaSaraswati . The Chief Guest, Dr Alok Sharma Director of IITTM along with State Coordinator Dr MK Gupta, State Advisor Dr OP Gupta, Dr JK Mishra, Dr KalpnaTiwari, Dr Madhusoodan Sharma, State President Dr NarendraPathak and State Secretary Dr Atul Gupta graced the occasion with their presence.

Dr NarendraPathak gave a brief yet insightful introduction to IIHP while Dr Divya Dixit and Dr DeveshPathak shared their perspectives on the relevance and advancements in Homoeopathy . Dr Humera Khan delivered an informative biography of Dr Hahnemann and Dr OP Gupta conveyed his blessings and words of encouragement to the newly elected IIHP Gwalior team.

The oath ceremony for the new elected IIHP Gwalior unit was conducted by Dr MK Gupta.

Dr PramilaPachori delivered the vote of thanks, acknowledging the efforts of all participants and organisers. The stage was efficiently conducted by Dr AmarnathPathak and Dr PremLataKushwah. Senior Homoeopathic practitioner Dr Shrinivas Sharma was honoured for his contributions to the field. Five students in this program were given a reward for being the top students in their college Viredra Gupta 1st year student of SHMC, IshikaSahu 2nd year student of VRHMC ,Pankaj 2nd year student of KSHMC, Apeksha Rajput 3rd year of KSHMC, PragatiNayak final year student of VRHMC&AshikaAgrawal final year student of SHMC.

Dr MeenuGarg, Dr Mahesh Goyal ,Dr Manish Tiwari, Dr Vishwakant Sharma, Dr BinendraTomar, Dr SurendraRaipuriya , ex-vice President Dr Abhay Jain provided special support to make this program a success.

A heartfelt one minute tribute was also paid to the late Dr AparnaSuranglikar, Professor VRHMC Gwalior, marking a solemn end to the grand celebration. The event witnessed enthusiastic participation with approximately 80 Homoeopathic doctors in attendance.

NEWS & UPCOMING EVENTS



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13th April 2025

Celebrating the 270th Birth Anniversary of Dr Samuel Hahnemann by IIHP Greater Hyderabad Unit



It was a memorable evening marked by grace, reverence, and as 30 distinguished Homoeopaths gathered to honour the legacy of the founder of Homoeopathy, Dr. Samuel Hahnemann. The event was graced by esteemed senior Homoeopaths who shared their invaluable insights, wisdom, and inspiring experiences from their rich journeys in Homoeopathy. Their words added depth and meaning to the celebrations. The highlight of the evening was the ceremonial cake-cutting followed by a sumptuous dinner that added a perfect flavour to the event. Prominent attendees included: Dr. Mahesh Pagadala, National Vice President, IIHP, Dr. Gopal Krishna, President, HMAT, Dr. Madhu Varanasi, President, IIHP Greater Hyderabad, Dr. M. N. Raju, President, IIHP Telangana Branch, Dr. Durga Prasad, Dr. Chandrashekar, Dr. Satish Krishna, Dr. Venugopal Gauri, Dr. Nomaan Siddiqui, Dr. Hari Krishna, and several other prominent Homoeopaths. A special mention to Dr. Annapurna M for her warm and gracious hospitality, which made every guest feel truly welcome. The event was not just a celebration but a reflection of the enduring spirit and unity of the Homoeopathic fraternity.

Reported by Dr Madhu Varanasi

13th April 2025

IIHP Khammam Unit Celebrated Dr Hahnemann's Birthday

NEWS & UPCOMING EVENTS



Image Credit: <https://www.vecteezy.com/vector-art/2934804-online-news-vector-illustration-flat-computing-background>. Artist: Юрия Ганюкина



Dr.Hahnemann's 270th Birthday Celebrations were organised at Khammam by IIHP KHAMMAM Unit on 13/04/2025. Dr.B.Venkateswarlugaru, senior most paediatrician, was the chief guest and graced the function. All the Homeopaths offered their tributes to Dr Hahmemann. The IIHP District president Dr.Annama Raju, presided over the function. Dr.MVLNarasimhaRaju, Advisor to Telangana State IIHP, Dr.K.V.R.L.NSarma, Advisor IIHP, AP State, Dr.S.V.Swamy CEC, Dr.K.Ch.NarasimhaRao, State Jt. Secretary, Dr.GellaRajeswaraRao, Treasurer Khammam unit participated and spoke on this occasion. Finally Dr.DeepakVarma conducted mini scientific seminar on this occasion.

Reported by Dr.S.V.Swamy

13th April 2025

Dr Hahnemann's Birthday Celebrations by IIHP Maharashtra State Branch at Nagpur



NEWS & UPCOMING EVENTS



Image Credit: <https://www.vecteezy.com/vector-art/2934804-online-news-vector-illustration-flat-computing-background-ArtistKarnaTaneja>

IIHP Maharashtra State branch Celebrated Dr. Hahnemann Birthday Celebration at Nagpur, before the program we visited and felicitated Dr.VilasjiDangre Sir Padmashree at their residence, afterwards at Dr.Thape Homoeopathic Clinic we celebratedDr.Hahnemann's Birthday and declared State Executive committee for 2025-27.

IIHP MAHARASHTRA EXECUTIVE COMMITTEE 2025-2027

PRESIDENT -Dr. Dinkar Lanjekar- Yeotmal.

SECRETARY - Dr. Harish Shinde- Pune.

TREASURE - Dr.PrashantChimurkar- Nagpur.

VICE PRESIDENTS - Dr.Mrs. VijayantiNagarkar- Pune, Dr.Mrs.A.S.Pareek- Chandwad, Dr.ArshadShah - Wani.Dr.PrashantBharbat - Nagpur.

JOINT SECRETARY - Dr.RupeshKadu – Yeotmal, Dr. A.N. Brahmane – Chandwad, Dr.Mrs.FalashrutiThape - Nagpur. Dr. Sachin Palod – Dombivali

EXECUTIVE COMMITTEE -Dr. Ramesh Soni -AmgaonGondia, Dr.GhanshyamMakde –Yeotmal, Dr.PrajaktaJathar - Pune.

ADVISOR -Dr.M.A.Rao – Nagpur, Dr.A.O.Dahad – Chandwad, Dr. Harish Dhurat- Nagpur.

NATIONAL EXECUTIVE WEST ZONE - Dr.Nishikant R.Thape, Vice President- Nagpur, Dr.SameerChaukhar, Joint Secretary –Mumbai, Dr. Rahul Datey - CEC - Saoner Nagpur.

SCIENTIFIC AND EDUCATION MISSION COMMITTEE - Dr. Prasad Vaywhare –Nagpur, Dr.PrashantBharbat – Nagpur, Dr.SuryakantGite - C Sambhaji Nagar.Dr.R.R.Dhanure- Latur,Dr.YogeshNiturkar – Latur, Dr. Manoj Aroskar – Vengrula, Dr.MadhuAgrawal – Nagpur, Dr.AshwiniDeshpande – Parbhani, Dr.Alaknanda Page – Jamner, Dr.AparnaMakasare – Jalgaon, Dr.PankajNimaje – Nagpur.

13th April 2025

Celebration of World Homoeopathy Day & the 270th Birthday of Dr C S F Hahnemann by Puducherry IIHP



NEWS & UPCOMING EVENTS



Image Credit: <https://www.vecteezy.com/vector-art/2934804-online-news-vector-illustration-flat-computing-background>. Artist: Korus Taneeha

Dr.KolliRaju, President IIHP-TN state and Chennai was present. Former Assistant Director RRI Gudivada under CCRH was chief guest. Dr.Nalini, Padmasri awardee was guest of honour. Dr.B D Patel was guest speaker. Dr.N.Balaji Secretary IIHP Puducherry State branch invited the chief guest and other dignitaries to the dais. Dr.M.PrakashRao, President of IIHP Puducherry state welcomed the chief guest dignitaries and distinguished delegates. He stressed the important role played by 'CEC' for the development of IIHP in all over India.

Later the chief guest, the guest of honour, guest speaker, president, secretary and all other distinguished delegates garlanded the picture of Dr. Hahnemann and paid floral tributes to him. The chief guest was honoured by president Dr. PrakashRao with shawl, memento and my stamps released by postal department for his contribution in development of homoeopathy and IIHP in state of Tamilnadu and Chennai. He spoke in detail about the development and research in homoeopathy in a chronological way from times of Dr. Hahnemann to till date. His speech was highly appreciated by Prof.Nalini, the guest of honour.

Prof. Nalini Parthasarathy, MD, former director professor of paediatrics JIPMER hospital, founder of Haemophilia society of Puducherry and Padmasri awardee spoke about application of homoeopathic medicines in Haemophilia patients. She was honoured with shawl, memento by chief guest Dr.Raju Kolli and a postal stamp (my stamps) released from postal department for her contribution in the field of Haemophilia and homoeopathy.

The guest speaker was honoured by Dr.N. Balaji secretary IIHP Puducherry state and other dignitaries on the dais. He spoke about the qualities of homoeopathy and role of physicians in current trends. He also played the video of Padmasri Prof. Nalini madam's achievements. His speech was well received by all the delegates. On this occasion the senior most and popular homoeopathic physicians namely Dr.Ganapathi, Dr.Anbu Kumaresan from Cuddalore, Dr.Pachegaokar from Pondicherry, and Dr.Sachdanandam from Villupuram were honoured by the chief guest with a shawl and memento.

The function concluded at 1:30 pm by vote of thanks from Dr.N. Nalaji secretary of IIHP Puducherry.

A grand delicious lunch at an appropriate time also added colours for the successful conclusion of 'WHD' celebrations.

20th April 2025

IIHP Telangana State Celebrates Dr Hahnemann Birthday



NEWS & UPCOMING EVENTS



Image Credit: <https://www.vecteezy.com/vector-art/2934804-online-news-vector-illustration-flat-computing-background>. Artist: Юрия Ганекина

20th April 2025

IIHP CEC Meeting held At Delhi



As this was the first CEC meeting of the newly formed executive many issues were discussed and plans made. The charge was handed over by the previous executive committee to the new executive committee [2025-27] along with handing over of the Proceedings Register and the IIHP Flag.

NEWS & UPCOMING EVENTS



Image Credit: <https://www.vecteezy.com/vector-art/2934804-online-news-vector-illustration-flat-computing-background>. Artist: Karna Ganesh

21st April 2025

CME on Role of Homoeopathy in Oncology – IIHP Lucknow -SCR



CME on "Role of Homeopathy in Oncology" Organized at Dr. O.P. Srivastava Center for Advanced Study in Homeopathy On April 21, 2025, a Continuing Medical Education (CME) event on the Role of Homeopathy in Oncology was held at Dr. O.P. Srivastava Centre for Advanced Study in Homeopathy, Lucknow, under the presence of IIHP central committee members Dr. M.A. Rao, Dr.Sudhanshu Arya, Dr.TanveerHussain, and Dr.GeetaMongia. Dr.TanveerHussain delivered a lecture during the event.

Following this, Dr. M.A. Rao addressed the attendees, providing an in-depth overview of IIHP and announcing the formation of the new Uttar Pradesh executive committee. By unanimous decision, Dr. O.P. Srivastava was appointed as the President of IIHP Uttar Pradesh, Dr.AmbujShukla as General Secretary, Dr. P.K. Maurya as Finance Secretary, and Dr.MadhuRanjan Saxena as Vice President.

Additionally, for vacant positions in the Lucknow unit, Professor Dr.RenuMahendra was unanimously elected as President, Dr.Avinash Chandra as Secretary, and Dr.AmitSrivastava as Treasurer.

Dr. M.A. Rao, Dr.Sudhanshu Arya, Dr.TanveerHussain, and Dr.GeetaMongia extended their best wishes to all newly elected officials and emphasized efforts to strengthen IIHP further.

The central committee members presented lifetime members with IIHP's official logo as a token of appreciation, along with the book "Struggle for Homeopathy in India" authored by Padma ShriDr. K.G. Saxena. Additionally, all participants received certificates for attending the CME.

27th April 2025

IIHP – Visakhapatnam Celebrated Dr Hahnemann Birthday



NEWS & UPCOMING EVENTS



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IIHP Visakhapatnam district unit (ANDHRAPRADESH) celebrated Dr. C.F.S. Hahnemann's 270th birthday celebrations at Hotel BEZ Krishna on 27.04.2025. After sumptuous Lunch, during the event our chief guest Dr. K.S.S. Siva Murthy, National President, inaugurated the function by lightening up the lamp, later State President Dr. D. Narendranadh garlanded the portrait of Dr. Hahnemann along with State General Secretary Dr. P.B.K. Satish. Then all the participants paid rich floral tributes to our master. Later National Advisor Dr. KRK Prabhakara Murthy, National Joint Secretary Dr. D. Subba Rao, State advisors Dr. MDV Ramana Rao, Dr. KVRLN Sarma spoke about Dr. Hahnemann, IIHP activities and future programmes. After formal speeches the state Scientific Comm. Advisor Dr. B.S. Venkateswar Rao and former National Joint Secretary Dr. Rajendra Prasad shared the dais with their speeches and advices. IIHP-Visakha district unit executives along with more unit members have occupied the dais to felicitate all the dignitaries (invitees) in a grand manner under the guidance of Visakha President Dr. P. Raghavendra Rao. Followed by a well organised quiz programme by Dr. P. Siva Ramakrishna, Dr. Dhavala Murthy - distributed winner and runner gifts to all participants by the Sponsors. After that announced the newly elected body for the Visakhapatnam district unit 2025 - 27, in the presence of National and State office bearers. The whole Programme was anchored by vice President Dr. Siva Kanthi.

Remembering the incident recently happened at Pehalgam a 2 minutes silence was maintained.

Then Dr. S. Sudhakar concluded with his vote of thanks. This grand event ended with high tea & snacks.

First SEC Meeting was conducted - handing over and taking over of the charges, accounts and other documents to the new AP state team for 2025-27. Some new resolutions were taken by SEC. Future activities have been discussed.

Finally state General Secretary DR. P.B.K. Satish has concluded with his vote of thanks.

Reported by Dr. P.B.K. SATISHA.P. State General Secretary.

NEWS & UPCOMING EVENTS



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27th April 2025

Chennai IIHP Celebrated Dr Hahnemann Birthday



28th April 2025

Free Medical Camp by IIHP Delhi State Branch



NEWS & UPCOMING EVENTS



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4th May 2025

Chandigarh State Branch of IIHP Celebrated Dr Hahnemann Birthday



15th May 2025

2nd part of 3 part Webinar on ECG was presented by Dr V K Chauhan here today under the topic – ECG Simplified. 1st part was presented on 9th May and 3rd part will be presented on 4.6.25. All these webinars are going to be available on YouTube as well.

INDIAN INSTITUTE OF HOMEOPATHIC PHYSICIANS
Delhi State Branch

LIVE WEBINAR

Topic: ECG made Simple

THURSDAY
15 MAY 2025
9.00 PM

Meeting Id: 8984202446
Passcode: iihpdsbpro

PROF. DR. V.K. CHAUHAN

NEWS & UPCOMING EVENTS



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18th May 2025

IIHP Amritsar unit organises class



IIHP Amritsar unit organised a class today at Dr Josan's holistic clinic. Two topics were taken up.

Topic 1. Ophidia group differentiation by Dr R S Jason.

Topic 2. Allopathic perceptions about various Drug companies by Dr Anuwinder Kaur

18th May 2025

Delhi State Branch Webinar by Dr Aditi Goyal on Understanding Rubrics

MORTIFICATION



- Sense of humiliation and shame caused by something that wounds one's pride or self respect.
(As in pathology, mortification means local death of tissues like in gangrene or necrosis)
- Feeling of extreme embarrassment or humiliation
- An instance in which you are caused to lose your prestige or self-respect.

e.g. To the mortification of the show organisers, the top performer withdrew at the last minute, if his report card showing he had failed is shown to his parents, he will be mortified.





Aditi Goyal

0:00 / 1:16:49

NEWS & UPCOMING EVENTS



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1st June 2025



An Interactive meeting with our International Chief Advisor Dr.M A Raogaru, National President Dr Sivamurthyji and a felicitation ceremony was organized by IIHP Greater Hyderabad & IIHP Telangana State team at Hotel Geenpark in Hyderabad.

4th June 2025

IIHP Delhi State Branch organised a webinar

It was a webinar with Dr V K Chauhan on the topic - ECG - III Simplified with Dr. V. K. Chauhan

26th June 2025

IIHP Haryana State Branch officials and IIHP National officials meet Dr Dhiman, V C AYUSH UNIVERSITY, KURUKSHETRA HARYANA to put up demands



NEWS & UPCOMING EVENTS



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Today IIHP Haryana State Branch officials and IIHP National officials (Dr Harprajash Sharma & Dr VinodSangwan) met Dr Dhiman V CAYUSH UNIVERSITY, KURUKSHETRA HARYANA and put up demands as follows....

1. Start P G Homoeopathic courses
2. Start Constituent Government U G Homoeopathic Medical College Under Shrikrishna AYUSH University
3. To Establish a Hahnemann Chair in University and start a Homoeopathic Research Centre in University Campus
4. Give a space for Statue of founder of Homoeopathy i.e Dr S C F Hahnemann at Prime Location in University Campus
5. Organise Peripheral Free Homoeopathic Medical Camps
6. Create a Post of Co-Ordinator or Advisor HOMOEOPATHY in Ayush University
7. To Celebrate WHD every year on 10th April in University Campus and Organise Homoeopathic Seminar in association with IIHP Haryana State Branch

VICE Chancellor took our demands in a very Positive manner and assured us to full fill most of our demands

26th June 2025

IIHP Telangana Decides to Celebrate Hahnemann Week

 INDIAN INSTITUTE OF HOMOEOPATHIC PHYSICIANS ANDHRA PRADESH STATE BRANCH Regd. No. 14247 State Office Address : Sai Surya Homoeo Clinic, Kurmannapalem, Visakhapatnam-46 IIHP AP STATE EXECUTIVE COMMITTEE (2025-2027)		
PRESIDENT Dr. D. Narendra Nath NARENDRA HOMOE 7 th Lane, Chandramouli Nagar, Guntur-07 ☎ 9849560336	GENERAL SECRETARY Dr. P.B.K. Satish SAI SURYA HOMOE CLINIC Kurmannapalem, VSP-46 ☎ 9849099710	TREASURER Dr. M.S.R. Sastry SRI GAYATRI HOMOE CLINIC D.No. 2-8-3, Venkat Nagar, Kakinada-03 ☎ 9848065479
Immediate Past President & CEC Member : Dr. VK Pankajakshan, Eluru Cell : 9440183626 State Advisors : Dr. MDV Ramana Rao, Guntur Cell : 9848477690 Dr. KVRLN Sarma, Vizag Cell : 9849253805 Dr. B.S. Venkateswar Rao, Vizag Cell : 9849182052 Vice Presidents : Dr. B.S.Mohan, Amalapuram Cell : 9491232004 Dr. P. Chandrasekhar Rao, Vizag Cell : 9849807255 Dr. P. Kumaraiah, Ananthapur Cell : 9441519899 Dr. N.B.V. Tilak, Rajamahendravaram Cell : 9440426979 Joint Secretaries : Dr. K.Vivekananda, Srikakulam Cell : 9293763613 Dr. Kurapati Srinivas, Eluru Cell : 9885202326 Dr. D. Kodanda Rami Reddy, Guntur Cell : 8121494438 Dr. I. Lakshmi Deepak, Vijayawada Cell : 9491348193 Ladies Representatives : Dr. P. Kamalavalli, Guntur Cell : 9848461490 Dr. V. Babitha, Vizag Cell : 9849793978 Dr. Shanthi Priya, Ananthapur Cell : 9959869510 Cultural Secretary : Dr. P. Hariprasad Rao, Chilakaluripeta Cell : 9032924987	04/IIhp-ap/2025-27 Date:26-06-2025 HAHNEMANN'S MEMORIAL WEEK July 1st week - A week-long tributes Dear Homoeopathic Community, As we approach July 2nd, we pay tribute to the founder of Homoeopathy, Dr.Samuel Hahnemann, on his death anniversary. Let's honor his pioneering work and legacy by continuing to promote holistic health and wellness. To commemorate this occasion annually, the Indian Institute of Homoeopathic Physicians (IIHP) - AP state will be organizing various events, including free medical camps, health awareness programs and community outreach initiatives. Join us in paying tributes. Let's come together to pay our respects and remember Dr. Hahnemann's enduring legacy. With gratitude and respect,  Dr D Narendra Nath President  Dr P B K Satish General Secretary	

NEWS & UPCOMING EVENTS



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29th June 2025

IIHP Delhi State Branch Webinar with Dr V K Chauhan



INDIAN INSTITUTE OF HOMEOPATHIC PHYSICIANS Delhi State Branch

LIVE WEBINAR

Topic:
**Paranoid Personality Disorder
and it's Homoeopathic
Management**

**SUNDAY
29TH JUNE 2025
8.30 PM**



**Meeting Id: 8984202446
Passcode: iihpdsbpro**



PROF. DR. V. K. CHAUHAN

It was an important webinar on psychological disorders and their homoeopathic management discussed by knowledgeable speaker Dr V K Chauhan delivered on 29.6.25 online under the aegis of IIHP Delhi State Branch. The webinar is available on YouTube as well link - <https://youtu.be/lxInnJv-RaM?si=RCjUHOK0RHFiXu7v>

29th June 2025

IIHP Telangana State Branch and Karimnagar District Unit Organises a state seminar at Karim Nagar



NEWS & UPCOMING EVENTS



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On behalf of IIHP National we all convey our sincere thanks to all the organisers and members of IIHP TG State and IIHP Karimnagar District Unit under the dynamic leadership of Dr M N Raju & Dr Chandrasekhar and all your team members in cooperation with IIHP Greater Hyderabad Unit President Dr Madhu Varanasi, Dr Satish Krishna and Dr Noman. **DOUBLE CONGRATULATIONS** and **HEARTFELT THANKS** to the Organising Team headed by Dr HARIKRISHNA & Dr KODITHYAL SREENIVAS for their extraordinary Reception & Cordiality towards all the Guests and Participants of this memorable 5th IIHP Telangana State Convention and One day State Scientific Seminar at Karimnagar on 29-6-25. Hearty Congratulations & All the Best to all the office bearers of Newly elected IIHP TG State Branch (25-27), IIHP Karimnagar Dist Unit, IIHP Nizamabad Dist Unit, IIHP Warangal Dist Unit & IIHP Mahaboobnagar Dist Unit for their successful tenure and strengthen the organisation more & more and keep the IIHP FLAG still higher.

In this 5th IIHP TS State Convention IIHP, National & State Executives felicitated Sri Gangula Kamalakara, MLA (Ex Minister, Telangana state).

Remarks by Dr K S SIVAMURTHY, National President, IIHP

NEWS & UPCOMING EVENTS



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DELHI STATE BRANCH



HARYANA



MADHYA PRADESH



Indian Institute of Homoeopathic Physicians

**Dr HAHNEMANN'S
Birthday Celebrations
in India - 2025**



ODISHA



UTTAR PRADESH



CHANDIGARH



PUNJAB



MAHARASHTRA



RAJASTHAN



ANDHRA PRADESH



TAMILNADU - PONDICHERRY



TELANGANA



Greetings to you all
Dr KSS Siva Murthy
National President

Dr Vinod Sangwan
Secretary General

Design: Dr Rajendra

NEWS & UPCOMING EVENTS



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I H P - ANDHRA PRADESH STATE

Dr Hahnemann's Birthday
Celebrations in AP State Units

Visakhapatnam District Unit

Srikakulam Unit

Konaseema Unit

ARHM College, Rajamundry

East Godavari Unit

West Godavari Unit

Vijayawada Unit

Guntur Unit

AP state Convention, Guntur

Nellore Unit

Ananthapur Unit

Dr.D.Narendra Nath
AP President

Dr.P.B.K.Satish
AP General Secretary

designed by
dr rajendra

NEWS & UPCOMING EVENTS



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**Indian Institute of Homoeopathic Physician
&
Ontario Homeopathic Medical Association**

International webinar

TOPIC

Evidence Based Homeopathic Approach for Acute Illness

Speaker

DR HIRALAL AGGARWAL



Well known Homeopath Clinical experience of 39 years
L.C.E.H (Mumbai) Dhondumama Sathe Homeopathic
Medical College Pune, India
Ex Executive Director of the Indian Branch of International Academy of Classical
Homoeopathy-Greece
Ex-Professor Materia Medica GNR Homeopathic Medical College, Solapur, India

Date **13th July 2025 Sunday**

TIMINGS **7.30 PM TO 9.30 PM IST
10:00 AM -12:00 NOON EST**

Moderator
Prof. Dr. Bhupinder Sharma M.D (Hom)

RSVP
Dr. V.K. Gupta President of Honor IIHP
Prof. Dr. Muktinder Singh, Chairman Scientific Committee IIHP
Dr. K S S Sivamurthy National President IIHP
Dr Vinod Sangwan. National Secretary General IIHP
Dr. M. A. Rao, International Chief Coordinator, IIHP
Dr. Saroj Gandhi, President OHMA
ZOOM Link will be shared in due course

IIHP Proudly Presents an International Webinar!

Join us on Sunday, 13th July for a special event in collaboration with the Ontario Homeopathic Medical Association—the largest organization of homeopaths in Canada.

Save the Date: 13th July, Sunday

Be on time to be part of an enriching learning experience!

Don't miss this opportunity to connect, collaborate, and expand your horizons with global experts in homeopathy.



REGISTER NOW

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27th JULY 2025
ONE DAY
NATIONAL
SEMINAR
GWALIOR, MP

INSPIRING INTERACTIONS WITH



Dr. Saptarshi Banerjee



Dr. Tanveer Hussain



Dr. Juhi Gupta



Dr. Samir A. Chaukar

To Know More Visit - <https://iihp.in/calendar.html>

INDIAN INSTITUTE OF HOMOEOPATHIC PHYSICIANS

#1 Association of Institutionally Qualified Homoeopaths



#1 Association of Homoeopaths

Indian Institute of Homoeopathic Physicians

IMPORTANT

Attention Contributors

From the March 2024 issue we are going to create index and searchable database for the Rational Physicians articles. All the contributors are requested to provide Key-words [maximum 20] and a Summary [maximum 35 words] of the article separately along with the main article.

The e-mail for sending all communications and articles: homoeospan@yahoo.com
Just to ensure that your mail does not end up in spam folder please inform by the
Whatsapp number 9719015216 as well [Dr Sudhanshu Arya – Managing Editor]

LETTERS TO THE EDITOR



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PhotoCredit: FarhanAbas@www.unsplash.com



The Readers of
the
Rational
Physicians
are
BUSY....

ROAD MAP OCTOBER 2025 - DECEMBER 2025 Issue

The editorial team of the Rational Physicians solicits advertisements, articles, news and photos related to homoeopathy to be published in the forthcoming issue to be released in October 2025.

GUIDELINES

Kindly send all the material in soft copy to The Managing Editor, Rational Physicians

E-mail: homoeospan@yahoo.com

Please send images/tables/graphs /artwork separately from articles, with due credits & titles. Kindly include a list of 15-20 keywords related to the article and a small introduction to your article separately.

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UNDERSTANDING THE CONCEPT OF SUSCEPTIBILITY - HOMOEOPATHY

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Abstract- Very few homeopaths practice by considering susceptibility in mind but it is must for everyone to understand it hence general view about susceptibility will help you to understand the basics about the susceptibility. Its simple language will help you to understand the topic easily.

Also views from different authors, different old journals (given in books of authors) have been explained. Also it gives us homoeopathic treatment is the best way of treatment.

Keywords- Health, destroy, diminish, disease, homeopathic proving, homeopathic cure, immunity.

Introduction-

Power to react to any stimuli is called as susceptibility. Living things can be distinguished from non living things by means of susceptibility as only living things reacts to stimuli.

These stimuli in case of susceptibility can be of any type external, internal, normal, and abnormal.

Description-

Normal working of body as hunger, thirst, anabolism, catabolism, attraction etc. is depending on susceptibility.

Example- 1) In hunger a person desires to eat,
2) Desire to drink in a thirsty person,
In both the examples, desire is the reaction produced by body & referred to normal susceptibility.

Fever, inflammation, pain etc. are produced due to morbid (abnormal) stimuli, here fever, pain, inflammation are the reactions produced in the body & referred to abnormal susceptibility

Hence we can classify susceptibility into two types as normal susceptibility and abnormal susceptibility.

Susceptibility varies in degree in different patients, & at different times in the same patient.

Susceptibility can be described at different means which are as follows -

Homoeopathic Proving— When a drug is given to healthy person for proving of homoeopathic drug at that time whatever reaction (in the form of signs & symptoms) is produced by individual is impression of susceptibility.

Homoeopathic Cure – After taking homoeopathic medicine, restoration of health with disappearance of symptoms occurs; this represents reaction of susceptible organism to curative medicine.

Homoeopathic Aggravation - Slight intensification of symptoms after administration of curative medicine is

also indication of susceptibility. While this reaction is not appeared during the early phase of cure due to lowered susceptibility, which is increased later due to gentle stimulation of curative medicine.

Susceptibility of an individual can be increased, diminished or destroyed; it therefore becomes state of lowered resistance or attraction.

Many medicines and preparations are prescribed to the individuals, that have no basis of similarity to the signs and symptom of disease i.e. susceptibility of the patient which therefore destructive to restoration of normal susceptibility. When such procedures are used on the basis other than symptom similarity, the results are either palliative or suppressive, ultimately patient is worse than before and complete destruction may take place.

We may relate the statement of Prof. Ewing given in 1909 in a lecture upon immunity that The effort to produce passive immunity against the various infections by means of sera may fail in spite of the destruction of all bacteria present in the body, by reason of endotoxins thrown out in the process of bacteriolysis resulting from the serum injections.

The action of all kinds of endotoxins is similar; there is reduction of temperature but an active degeneration of organs. Thus a sterile death is produced where cultures from the organs and tissues show that the bacteria in question have all been destroyed; but animal dies.

This problem of endotoxins is at present the stone wall of serum therapy.

An animal whose serum is normally bacteriolytic, may, on immunisation lose this power (of killing bacteria's normally), so the bacteria living in the serum, but not producing symptoms. Thus a rabbit's serum is normally bacteriolytic to typhoid bacillus, but the rabbit is susceptible to infection. If, however the rabbit is highly immunised, the serum is no longer bactericidal, the typhoid bacilli living in the serum, but the animal not being susceptible of infection. The animal dies.

It seems therefore that the effort must be made in the future to enable the tissue and bacteria to live together in peace rather than to produce a state where the serum is destructive to the bacteria.

In Prof. Ewing's illustration he shows the destruction or impairment of susceptibility of the organism to react to the stimulus of either sera or bacilli.

Another means of impairing or destroying susceptibility is by "the use of antiseptics in the treatment of disease, or surgically." To clear this point Stuart close said "articles have appeared in leading medical journals of the dominant school (Boston Surgical Journal and the Therapeutic Gazette) , in which it was pointed out that the use of antiseptics in the treatment of tonsillitis increased the inflammation, prolonged the disease and prolong the cure. So period required for the formation of anti toxins and antibodies is prolonged due to diminishing of bacteria due to use of antiseptics and hence cure is prolonged. They had just waked up to the fact that the living organism, even if diseased has some means of self protection i.e. the automatic formation of the antitoxins and anti bodies and this power(of susceptibility) is getting destroyed by use of antiseptics. Thus the increased fever and the inflammation were in reality the manifestation of that vital reaction or resistance on the part of the organism, which is the means by which the real, natural curative antibodies and antitoxins are produced, and that should never be interfered with.

In Kent's philosophy he says that Hahnemann writes "Medicines appear to have greater power in affecting the state of health than the natural morbidic irritation (diseases) as we are having all degrees of potentization & by these we can make changes so that medicines will fit to the varying degree of susceptibility of man."

Hence it is in our hand, to manage the potency of medicine, to satisfy the susceptibility so that cure will occur.

It is well known fact that living organism is much more susceptible to homogeneous or similar stimuli than to heterogeneous or dissimilar stimuli. Hence homoeopathic medicines which are producing same reaction as that of disease in the form of signs & symptoms will satisfy the susceptibility of patient & will lead to cure.

In sickness, susceptibility is exaggerated & through this exaggerated reaction in the form of signs and symptoms, on the basis of what, we can find similar remedy & by administration of this similar remedy susceptibility is satisfied.

The sick organism being so much more susceptible to the similar medicine than the well organism, it follows that size or quantity of dose depends on the degree of susceptibility of the patient. In a sick person, a dose of medicine may cause a dangerous or distressing aggravation but it would produce no perceptible effect in a normal person, e.g. a ray of light in a normal person will not cause any effect on retina while that causes much severe pain over inflamed retina.

Hence according to Stuart Close susceptibility is one of most valuable medical assets, we possess. By means of susceptibility we can know about normal working of body as appetite, desires, aversions, attraction, etc, disease in the form of signs and symptoms, also homoeopathic proving is possible due to susceptibility, cure also occurs due to susceptibility.

Conclusion-

Hence susceptibility plays very important role in life of living things in this world, without susceptibility it may not be possible to live. Also it plays very important role in health, cure & disease. It is inherent which cannot be seen but can be expressed in the form of reaction.

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MEET GREAT PEOPLE WITH IHHP



Abstract

Cholelithiasis, or gallstone disease, refers to the formation of stones in the gallbladder, a vital organ for bile storage. This condition affects a significant portion of the global population, with varied clinical presentations ranging from asymptomatic cases to severe complications like cholecystitis and pancreatitis. This paper reviews the pathophysiology, risk factors, diagnosis, clinical manifestations, and current management approaches for Cholelithiasis.

1. Introduction

The liver plays a central role in metabolic processes and detoxification. Liver diseases, including Cholelithiasis, progressively impair these functions, often with significant clinical consequences. Cholelithiasis involves gallstones forming in the gallbladder or biliary tree due to bile component imbalance. These stones may cause right upper abdominal pain, nausea, vomiting, and complications like pancreatitis.

2. Incidence

Cholelithiasis is prevalent globally, affecting 10–15% of adults in Western nations. North Indians have a 2–4 times higher prevalence compared to South Indians. Gallstones are more common in females (15:7 ratio) and occur more frequently with advancing age. Risk factors include obesity, pregnancy, and high cholesterol intake.

3. Pathophysiology

Gallstone formation involves altered bile composition and gallbladder motility. Types of gallstones include:

Cholesterol Stones (70–80%): Result from cholesterol crystallization.

Pigment Stones: Dark or brown stones from excessive Bilirubin breakdown.

Calcium Carbonate Stones: Rare and grey-white.

Mixed Stones: Combination of cholesterol, bile pigment, and calcium.

Types of gallstones



Risk factors
• Obesity • ♀ • > 40 years old • Fertile (multiparity or pregnancy) • Family history
Pathophysiology
• Hepatic cholesterol metabolism = abnormal → ↑ cholesterol concentration in bile & ↓ bile salts & lecithin → supersaturated bile → precipitation of cholesterol & calcium carbonate → cholesterol stones or mixed stones



Risk factors
• Chronic hemolytic anemias & cirrhosis
Pathophysiology
• ↓ hemolysis → ↓ in circulating UCB → ↓ uptake & conjugation of bilirubin → precipitation of bilirubin polymers & stone formation



Risk factors
• Parasites & bacterial infections in biliary tract
Pathophysiology
• Infection → release of β-glucuronidase (by injured hepatocytes & bacteria) → hydrolyses CB & lecithin in bile → ↑ UCB & fatty acids → precipitation of calcium carbonate, cholesterol, & calcium bilirubinate (dark color) in bile

4. Risk Factors

Key risk factors for Cholelithiasis include:

Demographics: Female gender, advancing age.

Lifestyle: High-fat diet, obesity, low fiber intake.

Hormonal Influence: Pregnancy, estrogen therapy.

Medical Conditions: Diabetes, spinal cord injury.

5. Causes of Gallstones

1. Cholesterol Super saturation:

Obesity, high-fat diets, diabetes, estrogen exposure.

2. Bilirubin Excess:

Hemolysis, liver disease, biliary infections.⁶

3. Gallbladder Stasis:

Fasting, rapid weight loss, pregnancy, certain medications.

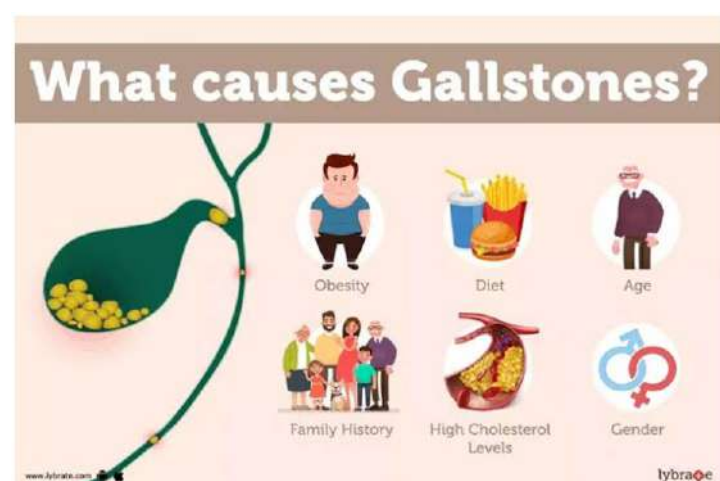
4. Biliary Infections:

Bacterial or parasitic infections.

5. Other Factors:

Genetics, age, female sex, low-fiber diets, Crohn's disease, ileal surgery.

Prevention: Lifestyle and dietary changes, medical management.



6. Clinical Manifestations

Asymptomatic Gallstones: Often discovered incidentally during imaging.

Symptomatic Gallstones:

Biliary colic with pain in the upper right abdomen radiating to the shoulder.

Nausea, vomiting, and jaundice.

Fever and chills indicate possible cholecystitis.

7. Complications

1. Cholecystitis: Inflammation of the gallbladder.

2. Choledocholithiasis: Stones in the bile duct, causing jaundice.

3. Acute Pancreatitis: Obstruction of the pancreatic duct.

4. Gallstone Ileus: Obstruction of the intestine by a large stone.

8. Diagnosis

Clinical Evaluation: History and physical examination.

Imaging Studies:

Ultrasound: First-line diagnostic tool.

MRCP and ERCP: For detailed bile duct imaging and stoneremoval

Laboratory Tests: Liver function tests, complete blood count to detect infections or complications.

9. Management

Conventional Treatment:

Asymptomatic cases are monitored.

Symptomatic cases may require surgical removal (cholecystectomy) or non-invasive treatments like ERCP.

Homeopathic Approach: Holistic remedies include:

Nux Vomica: For gallstones with nausea and constipation.

ChelidoniumMajus: Pain radiating to the back, improved by warm drinks.

Berberis Vulgaris: Colic and shifting pain.

Lycopodium: Pain in the right hypochondrium.

CardusMarianus: Liver congestion, gallstones, white-coated tongue with red edges, crawling sensation in liver.

Chelidoniummajus: Radiating pain to back/scapula, yellow tongue, colic with flatulence, pain eased by pressure and hot water.

China: Periodic pain (12 am), jaundice, hard green stool, right hypochondrium tenderness.

Hydrastis Canadensis: Tender liver, yellow skin, right scapular pain, worse lying on right side.

Iris versicolor: Burning epigastric pain, heartburn, gallstone colic, white tongue with red streak.

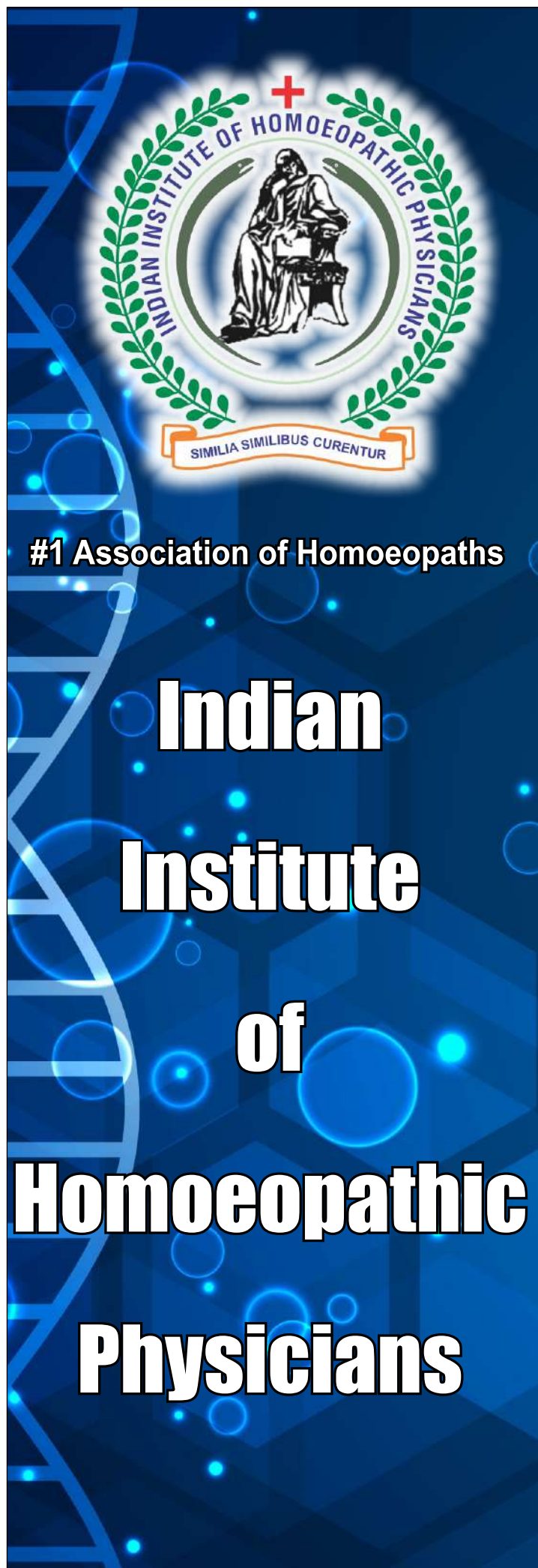
Leptandra: Jaundice, yellow tongue, dull burning liver pain.

10. Conclusion:

Cholelithiasis remains a global health challenge. Early diagnosis and management, along with lifestyle modifications, can mitigate complications. Advances in imaging and surgical techniques offer improved outcomes. Holistic approaches like homeopathy may complement conventional treatments.

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A Case of Aphonia

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A 65 year old male meets with small accident on road, he is on his scooter, falls down, gets a gnash, a big cut on right side of his neck just below the jaw.

Goes to hospital, doctor gives sutures, closed the wound.

3 hours later COMPLETE APHONIA, LOSS OF VOICE, ONLY WHISPERS TO TALK.

Date of injury 9th march 2023, came to me on 18th April 2023 with reports of laryngoscopy, which shows cartilage inside LARYNX DAMAGED, BLOOD CLOTS and VOCAL CORDS DAMAGED AND LEFT ONE SHIFTED MEDIANLY, RIGHT ONE ABDUCTED.

STAPHYSAGRIA 30, 9 DOSES tds for 3 days. And rest to voice. Pl don't whisper i said.

On 4th day gets his voice comes back.

REASONS for prescribing clean cut wound, sutures given, result of a cut kind of wound, as if given by a surgical blade.

Causation - Post surgery after stitching wound edges
Arnica i did not give because it was not a blunt injury.

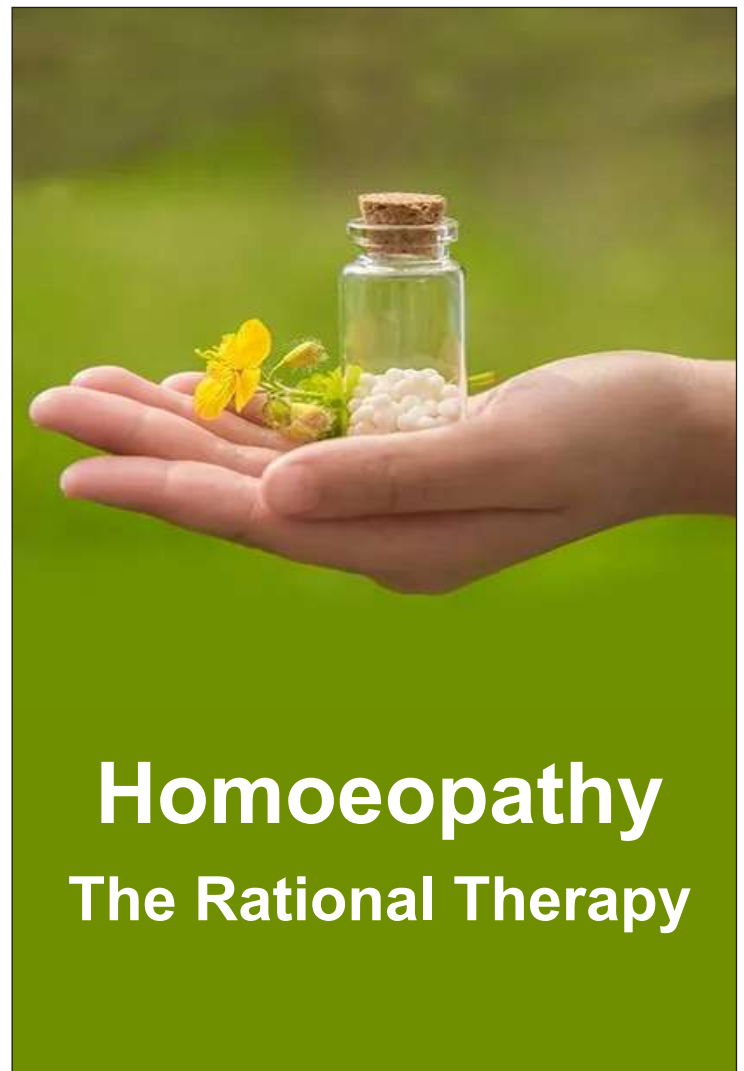
STAPH HITS THE BULL'S EYE.

CT scan report attached.

Complete restoration of voice in a week's time

Staphysagria 30 was continued tds for a week.

(The patient did not opt for laryngoscopy after he got his voice back. He did not wish to take the risk after complete recovery.)

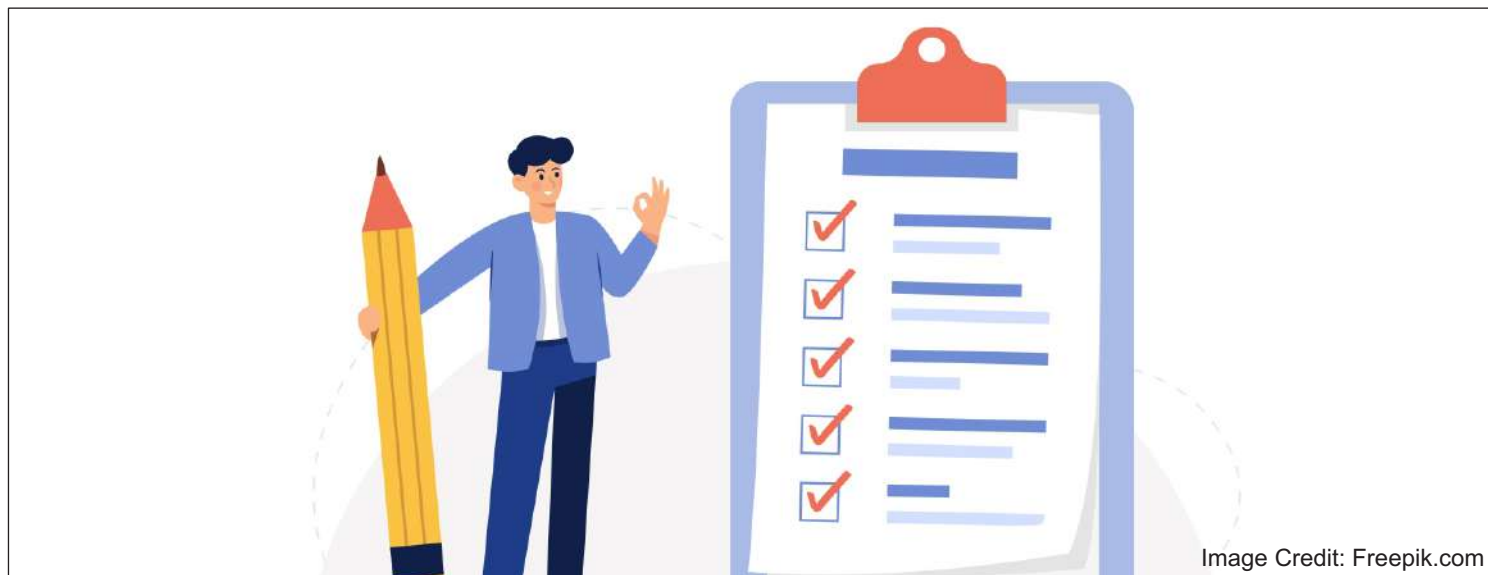


Homoeopathy
The Rational Therapy

EVALUATING THE EFFICACY OF HOMEOPATHIC INTERVENTIONS IN PALLIATIVE CARE FOR CHRONIC ILLNESSES

Prof Dr Zameer F Refai
DHMS, MD [Hom] PhD

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Abstract

In contemporary healthcare, managing chronic and irreversible diseases poses significant challenges due to their complex pathologies and resistance to conventional therapies. This study investigates the role of homeopathy as an adjunctive therapy in palliative care, focusing on pain relief and quality-of-life improvements. Through a mixed-methods approach combining observational data and literature analysis, the research evaluates the efficacy of homeopathic remedies in reducing symptom burden and opioid dependency. Results indicate notable reductions in pain intensity and analgesic consumption among patients receiving integrated homeopathic care. These findings advocate for the inclusion of homeopathy in multidisciplinary palliative strategies, offering a safer, cost-effective alternative for chronic disease management.

Keywords: Homeopathy, Chronic Illness, Pain Management, Palliative Care, Integrative Medicine

Introduction

Chronic illnesses such as cancer, rheumatoid arthritis, and neurodegenerative disorders often present with intractable symptoms that diminish patient quality of life. Conventional palliative care, while effective, frequently relies on opioids, which carry risks of dependency and

adverse effects. Homeopathy, grounded in the principle of **similia similibuscurentur**, has historically been utilized for symptom palliation in incurable conditions. This study explores its potential to complement modern medicine by alleviating pain, reducing medication reliance, and enhancing holistic well-being.

Aim and Objectives

Primary Objective: Assess the impact of homeopathic interventions on pain management in patients with chronic illnesses.

Secondary Objective: Evaluate improvements in sleep quality, functional capacity, and opioid consumption.

Materials and Methods

Study Design: Prospective observational study with a control group.

Participants: 60 patients with advanced-stage chronic illnesses (cancer, fibromyalgia, COPD, OA) divided into two groups:

Group A (n=30): Standard care + individualized homeopathic treatment.

Group B (n=30): Standard care alone.

Intervention: Group A received remedies such as Arnica montana (30C for trauma-related pain), Phosphorus (30C for weakness and fatigue), and Rhus toxicodendron (30C for joint pains and stiffness), tailored to symptom profiles.

Tools:

- Pain Intensity: Measured via Visual Analog Scale (VAS).
- Quality of Life: Assessed using the WHOQOL-BREF questionnaire.
- Analgesic Use: Tracked via medication logs.

Statistical Analysis: SPSS v26.0 for paired t-tests and chi-square analysis (p<0.05 significance).

Results

Table 1: Demographic Characteristics

Variable	Group A (n=30)	Group B (n=30)
Mean Age (years)	58.4 ± 9.2	60.1 ± 8.7
Gender (F:M)	18:12	20:10

Table 2: Clinical Outcomes

Parameter	Group A (Pre/Post)	Group B (Pre/Post)	p-value
VAS Pain score	7.2 → 3.8	7.0 → 6.5	<0.001
Opioid use (mg/week)	120 → 45	115 → 110	0.002
Sleep quality	48 → 72	50 → 55	0.01

Key Findings:

- Group A reported a 47% reduction in pain scores versus 7% in Group B.
- Opioid consumption decreased by 62.5% in Group A, compared to 4.3% in Group B.
- Sleep quality improved significantly in Group A (p=0.01).

Discussion

Consistent with historical accounts by homeopathic pioneers like Dr. Kent and Dr. Hughes, this study demonstrates that individualized homeopathic palliation alleviates suffering in chronic illnesses. The marked reduction in opioid use aligns with Dewey's advocacy for minimizing morphine reliance through remedies like Berberis vulgaris. Modern integrative approaches, as seen in breast cancer studies (Karp et al., 2016), further validate homeopathy's role in symptom control. Limitations include the non-randomized design and small sample size. Future randomized trials are needed

to establish causal efficacy.

Conclusion

Homeopathy offers a viable adjunct to conventional palliative care, reducing pain and opioid dependency while enhancing patient well-being. Its non-invasive nature and cost-effectiveness make it particularly valuable in resource-limited settings. Collaborative efforts between homeopathic and allopathic practitioners could redefine holistic chronic disease management.

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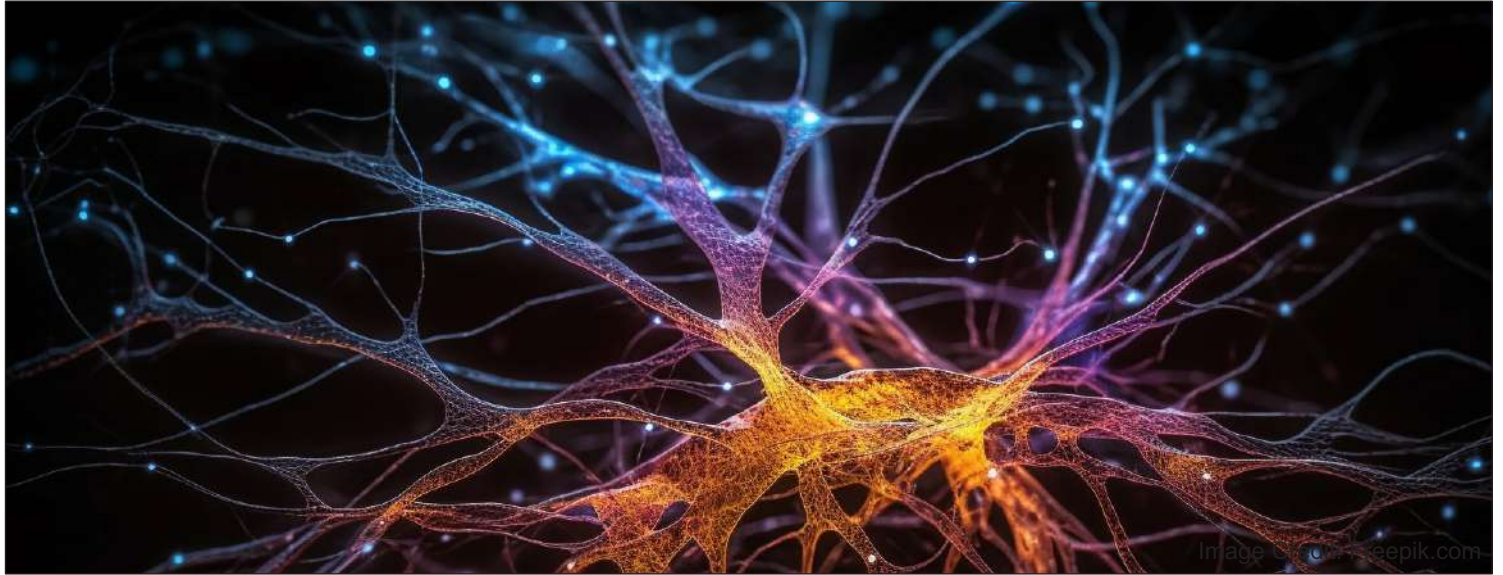
Navigating Neuropathy: A Case Report on Common Peroneal Nerve Neuropathy

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Abstract:

This case report presents a comprehensive analysis of a patient diagnosed with common peroneal nerve neuropathy. The report provides an overview of the patient's clinical history, examination findings, diagnostic tests and treatment approach. Common peroneal nerve neuropathy is a condition characterized by damage or dysfunction of the common peroneal nerve, leading to motor and sensory deficits in the lower leg and foot and is recognised as most common neuropathy of the lower extremity. There are numerous traumatic and nontraumatic causes of peroneal nerve injuries. Injury due to compression, such as tight plaster cast or compression wrapping can lead to an injury. The resultant foot drop is usually managed conservatively. Physical therapy, electrical stimulation and in severe cases surgical options are available.

The patient, a 24-year-old female, presented with complaints of foot drop, tingling, numbness in lower extremities and difficulty in walking a week after post-surgery. This case report contributes to the existing knowledge on common peroneal nerve neuropathy, providing valuable insights into its clinical presentation, diagnosis and management. It underscores the significance of early diagnosis, appropriate treatment interventions and interdisciplinary collaboration to enhance patient outcomes and quality of life especially through homoeopathic intervention by the selection of

individualised homoeopathic medicines based on the patient's individual symptoms, medical history and constitutional characteristics.

Keywords: Individualised homoeopathic medicine, Foot drop, Common peroneal nerve neuropathy, Interdisciplinary collaboration

Introduction:

The common peroneal nerve often referred to as the common fibular nerve, is a major nerve that innervates the lower extremity. Common peroneal neuropathy is one of the most common mononeuropathy encountered in the lower limbs and the third most common focal neuropathy encountered overall, after median (carpal tunnel syndrome) and ulnar neuropathies. Common aetiologies for peroneal dysfunction are mechanical-related, such as injuries and surgery around the knee. Mechanical, non-traumatic causes of peroneal nerve compression include too tight bandages, prolonged leg crossing and positioning during anaesthesia. The most common presentation of a common peroneal nerve

injury is a weakness of ankle dorsiflexion and the classic resultant foot drop or catching the toes while ambulating.

Patient Profile:

A 24-year-old female patient with a known case of vitiligo for the past 10-12 years, currently under regular medical treatment, sought consultation at the Homoeopathic department/OPD of Mult speciality Hospital in Pune on 13/04/2023. Her visit was prompted by complaints of bilateral foot drop following a skin grafting surgery for vitiligo performed on 09/01/23.

Approximately seven days post-surgery, she began experiencing tingling, numbness, and heaviness in the ankles, initially on the left side and subsequently on the right. Additionally, she reported occasional imbalance to the left while walking and a sensation of bilateral lower limb vibration when lying in lateral positions. Seeking resolution for these symptoms, she consulted with a Neurophysician, who conducted necessary examinations and tests. The findings led to the diagnosis of Common Peroneal Nerve Neuropathy with bilateral foot drop.

In line with conventional medical recommendations, the patient was advised to undergo physiotherapy and employ leg braces to address the reported symptoms. She continued the recommended treatment religiously almost for three months. However there was no notable progress observed, therefore, sought for homoeopathic treatment.

Clinical Findings:

A thorough clinical examination was carried out which revealed:

A. Higher mental functions:

Level of Consciousness and Orientation, Intelligence and Reasoning, Memory: Long term, short term and immediate memory, Speech and Language were Normal.

B. Cranial Nerve examination:

No abnormalities were detected.

C. Motor System examination:

Muscle power examination revealed:

Right	Left
Ankle dorsi flexion (DF): 2/5	Ankle DF: 0/5
Ankle planter flexion (PF): 5/5	Ankle PF: 5/5
Inversion: 4/5	Inversion: 3/5
Eversion: 2/5	Eversion : 0/5

Ankle reflex: Bilaterally diminished. High stepping gait was present.

D. Sensory System examination: The Tinel sign was positive – Tingling and paraesthesia was present by tapping along the course of the nerve.

Diagnostic assessment:

13/02/23: MRI pelvis for sciatic nerves: Tiny erosions with minimal subarticular fatty marrow in both the sacroiliac joints with minimal articular marrow oedema in the right sacroiliac joint. ? Early sacroiliitis.

10/04/23: NCV/EMG report: Right sural snap shows reduced amplitude. B/L peroneal CMAP's show reduced amplitude. Needle EMG of B/L TA show fibrillations and reduced pattern interference. B/L Gastrocnemius show large polyphasic AMUP's and reduced interference pattern S/O: Sensory motor neuropathy in lower limbs.

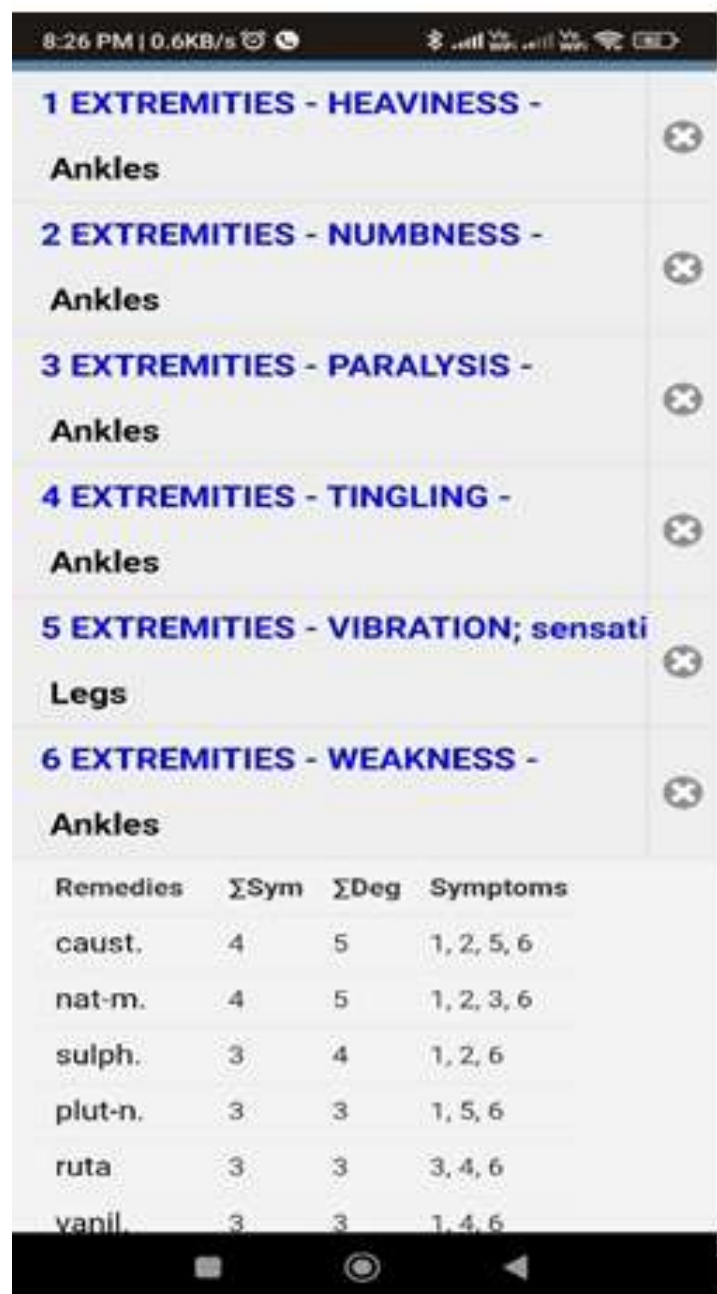
Homoeopathic generals:

The patient presented as a generally shy, introverted, and reserved individual, but a recent shift in her demeanour revealed signs of irritability, low self-esteem, and heightened anxiety stemming from her current health concerns. Notably, she expressed a craving for spicy foods and potatoes, sun headaches and love for music. Her bowel habits were reported as satisfactory, and she experienced perspiration upon exertion, particularly around the nose.

In terms of her menstrual history, she reported regular cycles characterized by a dark red flow, occasionally accompanied by clots, lasting for three days. Of significance is the positive family history of Vitiligo, with her paternal grandmother having battled the condition for several years.

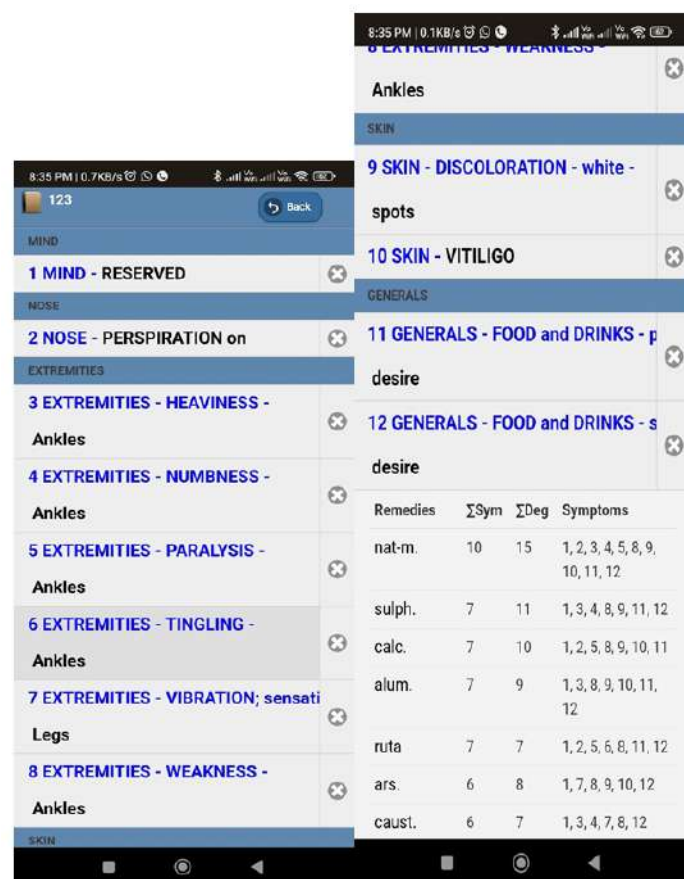
After detailed Case taking, following symptoms were considered based on sector totality for Repertorisation:

1. Heaviness of the ankles
2. Numbness of the ankles
3. Paralysis of ankles
4. Tingling sensation
5. Sensation of vibration in the legs
6. Weakness of ankles



Totality of symptoms taken for Chronic (Constitutional) Prescribing

1. Reserved person
2. Perspiration on nose
3. Vitiligo
4. Desires potato
5. Desires spicy
6. Heaviness of the ankles
7. Numbness of the ankles
8. Paralysis of ankles
9. Tingling sensation
10. Sensation of vibration in the legs
11. Weakness of ankles



Intervention:

After Repertorisation and referring the Materia medica the patient was prescribed:

Natrum Carb 200 x one dose stat.

Causticum 200 x TDS For 2 weeks.

Follow up and outcome:

Date	Symptoms	Prescription
24/04/23	Tingling, numbness slightly reduced ,occurs mainly when sits cross legged. Loss of balance while walking present. Stepping better than before. Sensation of vibration in lower limbs reduced than before. Confidence improved.	Natrum Carb 1M x 1 dose stat <u>Causticum</u> 200 x TDS For 1 month
29/05/23	Complaints better with medicines. C/O Pain around the left knee more on beginning to move which was followed by cramps and tingling mainly at night, better by warmth. Gait improving. Vibrations in lower limbs reduced than before.	Rhus Tox 200 ,4 dosesonce a week Mag Phos 6x (2 TDS) For 1 month
03/07/23	Pain reduced. Tingling and cramps in legs	<u>Causticum</u> 200 x 4

	reduced ,cramping only while doing exercises. Vibrations in lower limbs same. Balance while walking improved .	doses once a week Mag Phos 6x (2 TDS) For 1 month
21/08/23	Heaviness of feet(Left> right) >walking Pain in legs reduced (slight pain in left leg only on exertion) Walking, running, balance: Improved. Tingling and cramps in legs occasionally. Mentally quite positive and feels confident.	Nat Carb 10M x 1 dose stat Mag Phos 6x (2 TDS) For 1 month
25/09/23	Pain in right popliteal fossa A/F: exertion, over straining, aggravation from stretching the limb Stitching pain in the right sole especially at night Left leg: no pain/heaviness. Regaining power.	Ruta 200 x 4 doses once a week Mag Phos 6x(2 x BD) For 1 month
20/11/23	Pain in right popliteal fossa reduced than before. Stitching pain in the right sole reduced 1 episode of tingling sensation in the left leg 4 days ago. <winter, cold Walking improved, almost normal. Mentally positive and confident.	Nat Carb 50M x 1 dose Mag Phos 6x (2 xBD) For 1 month

The patient presented at the outpatient department (OPD) on 13/04/23 with complaints of tingling, numbness, and heaviness in the ankles, accompanied by bilateral foot drop subsequent to a skin grafting surgery for vitiligo. She also noted occasional left-sided imbalance while walking and a sensation of bilateral lower limb vibration.

Following a comprehensive Homoeopathic case assessment and a thorough clinical examination, the patient was prescribed Natrum Carbonicum 200C single dose, followed with Causticum 200C TDS for a month. In subsequent follow-ups, Natrum Carbonicum was gradually escalated to ascending potencies up to the 50M potency, in conjunction with Causticum 200C.

Due to changes in symptomatology during subsequent assessments, Rhus Tox 200C, as well as Ruta 200C, were administered based on presenting complaints until significant improvement in the presenting symptoms was observed.

Additionally, Mag. Phos 6X was prescribed to aid in enhancing nerve function and serve as a supplement and was continued for a month further after stopping the treatment.

The overall improvement in patient's presenting complaints and mental state in a reasonable time period of approximately six months after intervention with individualised homoeopathic medicines ,shows effective outcome in such a case managed through homoeopathic intervention conservatively.

The Modified Naranjo Criteria was applied to assess the causal attribution of clinical outcome to the individualised homoeopathic intervention.

Modified naranjo criteria for homoeopathy

Domains	Yes	No	Not sure
1. Was there an improvement in the main symptom or condition for which the homeopathic medicine was prescribed?	+2		
2. Did the clinical improvement occur within a plausible timeframe relative to the drug intake?	+1		
3. Was there an initial aggravation of symptoms?		0	
4. Did the effect encompass more than the main symptom or condition (i.e., were other symptoms ultimately improved or changed)?	+1		
5. Did overall well-being improve?	+1		
6. A. Direction of cure: did some symptoms improve in the opposite order of the development of symptoms of the disease?	+1		
B. Direction of cure: did at least two of the following aspects apply to the order of improvement of symptoms: –from organs of more importance to those of less importance? –from deeper to more superficial aspects of the individual? –from the top downwards?	+1		
7. Did “old symptoms” (defined as non-seasonal and non-cyclical symptoms that were previously thought to have resolved) reappear temporarily during the course of improvement?			0
8. Are there alternate causes (other than the medicine) that—with a high probability— could have caused the improvement? (Consider known course of disease, other forms of treatment, and other clinically relevant interventions)			0
9. Was the health improvement confirmed by any objective evidence? (e.g., laboratory test, clinical observation, etc.)	+2		
10. Did repeat dosing, if conducted, create similar clinical improvement?	+1		

Total Naranjo Score= 10, which is significant.

Informed consent:

An informed consent was obtained from the patient before the drafting of this case report.

Discussion:

Homoeopathy is a holistic system of medicine that aims to treat the individual as a whole, taking into account not only the physical symptoms but also the mental and emotional aspects of the patient. The choice of Natrum Carbonicum suggests a thorough understanding of the patient's symptoms and constitution, as this remedy is particularly associated with conditions affecting the extremities, which makes it a plausible choice for common peroneal nerve neuropathy.

The success of the treatment can be attributed to the individualized approach of homoeopathy, where the remedy is tailored to match the totality of symptoms unique to each patient.

It's noteworthy that in homoeopathy, the remedy is not always static, it can be adjusted based on the patient's response and changing symptoms. In this case, which is reported according to HOM-CASE CARE guidelines[3], the mention of a subsequent change in the remedy suggests a dynamic and adaptive approach, indicating the need for reassessing and modifying the treatment plan as needed.

Conclusion:

In conclusion, the effective management of common peroneal nerve neuropathy through individualized homoeopathic medicines underscores the potential contributions of homoeopathy in healthcare. This success emphasizes the advantages of embracing a holistic and personalized approach to patient care, recognizing the significance of in-depth symptom understanding and the adaptability required in treatment plans.

To substantiate these observations and establish a robust evidence base, well-designed studies with appropriate methodologies are imperative. Further research is needed to thoroughly investigate the efficacy of homoeopathic medicines in cases of Common Peroneal Nerve Neuropathy, providing a solid foundation for informed clinical decisions and fostering a more comprehensive understanding of the therapeutic potential of homoeopathy in neurological conditions.

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Homoeopathy and Maternal and Child Health: Current Practices and Future Directions in the Context of Sustainable Development

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Image Credit: Freepik.com

Abstract - Maternal and child health play a significant role in building a nation and indicate the overall health and well-being of a population. This article emphasizes the crucial role of Homoeopathy investing in maternal and child health for sustainable development. The vital component for sustainable development of any country is maternal and child health.

Homoeopathy with minimal side effects and cost effectiveness, presents a potentially valuable tool in maternal and child health. This article describes the current practices of Homoeopathy in maternal and child health, its advantages and potential areas for future development. This article has examples of homoeopathic remedies with its therapeutic hints to describe the role of Homoeopathy in maternal and child.

Keywords – Maternal Health, Child Health, Sustainable Development, Homoeopathy, Holistic Approach, Minimal Side Effects, Pregnancy, Infections

Introduction – Maternal and child health (MCH) is a cornerstone of sustainable development, impacting future generations' health and well-being. The mothers and children play a significant role in building a nation and show a direct impact on the economic and social development of the nation. There are various research studies done by organizations like WHO and UNICEF that explain that investing in maternal and child health contributes to sustainable development of the nation.

The World Health Organisation has given 17 goals for sustainable development out of which the 3rd goal ensures healthy lives and promotes well-being for all at all ages. It has 13 targets measured through 26 indicators in which one is maternal and child health. Women who remain healthy during pregnancy and after birth are more likely to stay healthy later in life and have better birth outcomes, influencing children's health from infancy through to adulthood.

There are many ways of investing in both maternal and child health. For mothers, access to quality healthcare during pregnancy and childbirth, can reduce the risk of death and complications. It can also help to ensure that mothers are healthy enough to care for their children and contribute to their families and communities. For children, access to quality healthcare can help to prevent and treat diseases, and ensure that they reach their full and stable potential.

Sustainable Development – Sustainable development is development that meets the needs of the present

without compromising the ability of future generations to meet their own needs. The vital component for sustainable development of any country is maternal and child health.

Investing in the well-being of mothers and children is a moral imperative, essential strategy and crucial for achieving long term sustainable development and also a smart investment.

Role of homoeopathy in maternal and child health –

Homoeopathy works on principle "Similia Similibus Curantur" was discovered in the year 1796 by Dr. Christian Friedrich Samuel Hahnemann. Homoeopathy, with its focus on stimulating the body's natural healing processes with minimal side effects and cost effectiveness, presents a potentially valuable tool in maternal and child health.

The main advantages and a reason which says Homoeopathy invest in maternal and child health are as follows:

Cost-effectiveness: Homoeopathic remedies are cheaper than the other systems of medicine and generally affordable, making them accessible for all irrespective of their economic background.

Minimal Side Effects: Homoeopathic medicines are highly potentised which minimize the risk of adverse reactions, particularly important for pregnant, lactating women and children. But in the same case conventional medicine has a number of drugs which are prohibited due to its adverse effects.

Holistic Approach: Homoeopathy believes that persons as a whole are sick and works on treating the cause not the disease conditions. So Homoeopathy can complement the services of maternal and child health and offer a holistic approach to well-being.

In the current day to day life, Homoeopathy is investing in maternal and child health in the following ways:

Maternal Health: Addressing common complaints like nausea, vomiting, and anxiety during pregnancy, as well as supporting postpartum recovery.

Child Health: Providing safe and gentle remedies for minor ailments like coughs, colds, teething troubles, and childhood infections.

The true strength of Homoeopathy lies in its focus on prevention and promoting overall health.

By educating mothers about healthy lifestyles and self-care during pregnancy, and by empowering children to develop strong immune systems, Homoeopathy can contribute significantly to a healthier future generation.

There are a number of Homoeopathic medicines available that have a great effect in the complaint of pregnant women and children. Such Homoeopathic remedies with their therapeutic hints are mentioned as follows:

For Child Health: Maternal health and child health are deeply interconnected. A mother's health throughout pregnancy and after childbirth significantly impacts the health and well-being of her child, both in the short and long term. Investing in maternal health

is vital for improving child health outcomes. Following are the some conditions and their Homoeopathic remedies which are commonly seen in the newborn:

Neonatal Asphyxia: Antimonium Tart, Laurocerasus, Natrum Sulph,

Vomiting in Newborn: Aethusa

Neonatal Jaundice: Chelidonium, Chionanthus, Lycopodium

Nappy Rash: Calendula

Fever: Aconite, Belladonna, Gelsemium

Teething Problems: Chamomilla

Bumps and Bruise: Arnica

For Maternal Health: The Biochemic System offers a lot to the pregnant woman during pregnancy and even after delivery. It is effective, safe, and has no bad effect on the unborn child. The following are some common conditions of pregnancy with their biochemic remedies:

Acidity: Natrum Phos

Acne: Calcarea Sulph, Silicea

Anemia: Calcarea Phos, Ferrum Phos

Backache, Cramps and Colic: Magnesia Phos, Calcarea Fluor
 Constipation: Natrum Mur, Silicea, Kali Mur
 Diabetes Mellitus: Natrum sulph
 Easy Delivery: Calcarea Fluor (to be taken in the last three months of pregnancy)
 Edema of Feet: Natrum Mur
 Feeble and Ineffectual Labor Pains: Kali Phos
 Jaundice: Natrum Sulph
 Lactation: Calcarea Phos (deficient or absent milk)
 Nausea and Vomiting: Natrum Mur, Ferrum Phos, Kali Mur
 Piles: Calcarea Fluor
 Sleeplessness: Kali Phos
 Urticaria (Hives): Natrum Mur
 Varicose Veins: Calcarea Fluor
 Weakness: Ferrum Phos

Dose and Potency – The usual dose of Biochemic Medicines is 4 tablets of the 6x potency, 3 times a day. It may be necessary to combine two or more medicines since a person can have a deficiency of more than one salt.

Recommended Homoeopathic Remedies for a ANC Essential Kit are:

Patty Brennan in her book Guide to Homeopathic Remedies for the Birth Bag has given name and indications of 20 most useful medicines which are as follows:

Aconite 30C	Gelsemium 30C
Antimonium Tart 30C	Hamamelis 30C
Arnica 30C	Hypericum 30C
Arsenicum 30C	Kali Carb 30C
Belladonna 30C	Pulsatilla 30C
Carbo Veg 30C	Rhus Tox 30C
Caulophyllum 30C	Sabina 30C
Chamomilla 30C	Secale 30C
Cimicifuga 30C	Sepia 30C
Cinchona 30C	Staphysagria 30C

Indications of the ANC Essential Kit Remedies are as follows:

Morning Sickness: Sepia, Nux Vomica, Pulsatilla

Constipation: Nux vomica, Sepia, Opium

To Encourage Efficient Labor: Begin this regimen at 36 weeks and continue weekly

until she reaches 40 weeks.

Cimicifuga 12C: 1 pellet on Monday

Caulophyllum 12C: 1 pellet on Wednesday

Arnica 12C: 1 pellet on Friday

Alternate Method to Make Labor Shorter and Faster:

Alternate Cimicifuga and Caulophyllum starting at 38 weeks, do this for 14 days, 1 remedy each day.

Mal-Presentation of the Baby: Pulsatilla, Natrum Mur (if amniotic fluid levels are not normal)

Lack of Progress During Labor: Pulsatilla, Caulophyllum, Gelsemium

Retained Placenta: Pulsatilla, Sabina

Prolapse Organs: Sepia, Hamamelis

Mastitis:

Phytolacca - hard lymph nodes and pain in the nipple which radiates over the body when a child nurses.

Belladonna - pain located in particular region, fever, throbbing hot shiny redness

Note: In Homoeopathy there are a number of remedies which are effective in treating pregnancy related conditions. It is important to be informed about when it is appropriate to use Homoeopathy as a standalone therapy and when it is best to use side by side with conventional methods. No medication should be taken without proper consultation. Prescribing the right remedy takes practice and requires skill.

Along with taking the Homoeopathic medicine there are some auxiliary measures which need to be followed for maternal health are as follows:

Exercise

Eating a Healthy Diet

Getting Enough Sleep

Managing Stress

The potential areas for the future development of Homoeopathy in field of maternal and child health are:

Research: Rigorous clinical trials are needed to strengthen the evidence base for Homoeopathy in maternal and child health.

Integration: Effective integration of Homoeopathy into existing maternal and child health programs can improve access and utilization.

Education: Training healthcare professionals and communities on the safe and appropriate use of Homoeopathy in maternal and child health.

CONCLUSION – Investing in maternal and child health is not just an expenditure; it is an investment in the present and future of societies and a necessary step towards achieving sustainable development. Homoeopathy offers a unique and valuable contribution to sustainable maternal and child health. Homoeopathy plays an effective role in sustainable development because of its cost effectiveness, minimal side effects and holistic approach. In conclusion, Homoeopathy has the potential to be a powerful tool in building a sustainable future for mothers and children around the world. By fostering a holistic approach to wellness and empowering individuals to take charge of their health, Homoeopathy can play a vital role in achieving the Sustainable Development Goals for maternal and child health. It can be used to address common complaints during pregnancy and childbirth, as well as support the overall health and well-being of mothers and children.

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CONSTITUTIONAL TREATMENT IN A CASE OF WARTS

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Image Credit: Freepik.com

A male patient of 63 years old had complaints of warts over anal region which were bleeding and painful developed since six months. After the patient got operated by laser for warts over face region. Now patient is unable to sit.

Past Medical History :- Not a known case of any chronic or lifestyle diseases, Episodes of recurrent renal stone , once operated for renal calculi 10 years ago. But renal stone occurred again alternately in both the kidneys.

Presently on tab. Urimax once a day. No other complaints.

Personal history:- Diet was mixed and regular , thirstless and thermally chilly patient. Appetite reduced , feels anxious to eat anything as it might aggravate the pain in anal region while passing stools, Burning+++ in anal region after passing stools, Cannot tolerate to sit on chair, has to lie down by sides to relieve pain.

Mind :- Patient has become very sad and morose since last 6 months because of his complaints as he feels why he had to suffer and feels embarrassed to tell about his complaints to people so avoid going at social places. Earlier he was of a very jovial nature and light minded , used to crack jokes very easily and liked to make people laugh. Was extroverted.

Worked until the age of 60 years and did not wanted to stop but his children forced him to stop working as he

is aging and he should rest regarding which he says he is okay with and has accepted it now. He likes being at home. Have become sad after he developed complaints. He used to go for a walk everyday but due to this complaints he is not going so this is affecting him as he likes to remain physically active.

Examination :- On local examination, multiple warts seen in anal region with bleeding and diagnosed using C WARTS Diagnostic tool.

CASE ANALYSIS :- The presenting complaints started after he got operated by laser for removal of warts over face region which were smaller and less in number than the present complaints but for appearance purpose patient got it removed mechanically by laser. This shows history of suppression later on developing into disease of more intensity and higher miasm. Earlier the miasm would be sycotic but now it is complex and mixed indicating features of both sycosis and syphilis.

Repertorial Totality:- Complete repertory was used as case contains mental generals and physical generals in total.

1. MIND – Embarrassment - general
2. GENERALS – Condylomata – ailments from , suppressed
3. SKIN – Warts – bleeding
4. RECTUM – Condylomata – general

Differential Remedies :- Merc – 5/4

Nitric acid – 6/3

Sulphur – 4/3

Thuja – 8/3

So Mercury is covering maximum symptoms but Thuja is showing maximum gradation. Let's differentiate on the basis of Materia Medica.

Merc - Every organ and tissue of the body is more or less affected by this powerful drug; it transforms healthy cells into decrepit, inflamed and necrotic wrecks, decomposes the blood, producing a profound anaemia. Hereditary syphilis manifestations, are within its range; bullae, abscesses, snuffles, marasmus, stomatitis or destructive inflammations. All Mercury symptoms are worse at night, from warmth of bed, from damp, cold, rainy weather, worse during perspiration. Slow in answering questions. Memory weakened, and loss of will-power, weary of life, mistrustful, thinks he is losing his reason.

Nitric Acid – It has special seat of action where the mucus membrane and skin meet. Warts on the junction of skin and mucus membrane. Warts large or jagged, bleed on touch or bleed on washing. Warts sensitive , splinter like pains. Condylomata. Hydrogenoid Constitution. Sycotic remedy.

Sulphur - This is great Hahnemannian anti-psoric. Its action is centrifugal-from within outward-having an elective affinity for the skin, where it produces heat and burning, with itching; made worse by heat of bed. General offensive character of discharge.

Dry, scaly, unhealthy; every little injury suppurates. Itching, burning; worse scratching and washing. Pimply eruption, pustules, rhagades, hang-nails. Excoriation, especially in folds. [Lyc.] ., Feeling of a band around bones. , Skin affections after local medication, Pruritus, especially from warmth, is evening, often recurs in spring-time, in damp weather. Modalities Worse, at rest, when standing, warmth in bed. Better dry warm weather, lying on right side.

Thuja – It acts on the skin, blood, alimentary tract, kidneys and brain, mind, nerves, glands, occiput and left side. Its relation to the production of pathological vegetations, condylomata, warty excrescences, spongy tumor is very important. Warts are large, seedy, pedunculated and cauliflower like. Warts present around genital organs.

FINAL REMEDY :- Thuja

Rx – Thuja 200, 3 doses, Sac lac 4 pills TDS For one month.

FOLLOW UP

First Follow up - Bleeding still present , pain reduced a bit, warts SQ. Rx – Sac lac was given.

Second Follow Up – Bleeding reduced, The area started to become dry. Warts SQ. Sac lac was given. Almost after 6 months, it all dried and bleed did not come up at all with reduction in pain and burning but warts still present and patient was unable to sit.

Seventh Follow up - Now case was reconsidered and Sulphur 200 was given. Following which warts started to reduce in size and number.

After 9th Ninth follow up – Within 3 months of Sulphur, warts reduced all over and skin appeared normal.

Before And After Photo



LEARNING FROM THIS CASE

Specific remedies for warts should not be encouraged , instead constitutional treatment with consideration of Past history, personal history, Family history , physical constitution of the patient , his moral and intellectual character , his occupation , mode of living and habits , his social and domestic relations , his age , sexual function, etc should be taken into account. Only then and then we can assure to cure the case especially in Chronic cases.



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Abstract

Alopecia Universalis is a rare, autoimmune condition characterized by complete loss of hair from the scalp, face, and body. This case study presents a 16-year-old female student diagnosed with Alopecia Universalis, who showed no improvement with treatments and supplements. The paper highlights Dr Batra's individualized homeopathic treatment, emphasizing its holistic approach in managing autoimmunity and emotional well-being.

Keywords:

Alopecia Universalis, Dr Batra's, homeopathic treatment

Introduction

Alopecia Universalis is an advanced form of Alopecia Areata, an autoimmune disorder characterized by complete loss of hair from the scalp, face, and entire body. It occurs when the immune system mistakenly attacks hair follicles, leading to widespread hair loss. The exact cause is unknown, but it is often associated with genetic factors, stress, and other autoimmune conditions. Symptoms include sudden, patchy hair loss that may progress to total baldness. Complications can include emotional distress, social withdrawal, and reduced self-esteem, especially in young individuals. Early, individualized management is crucial to prevent further progression and support psychological well-being.

Case Profile

The patient is a 16-year-old female student who presented with a one-year history of Alopecia Universalis, which began in May 2022 with sudden hair fall in bunches. Despite undergoing dermatological treatment and using various allopathic medicines along with advised supplements like iron, Vitamin B12, TSH, and IgE levels, no visible improvement was noted. Five months prior, due to emotional distress, she shaved her head, but no regrowth occurred. Emotionally, she describes a shift from being a happy person to becoming increasingly irritable, often overreacting and later feeling regretful. She feels unsupported by her father, though her mother stands by her; her younger brother and father's reprimands often leave her hurt and withdrawn. She tends to isolate herself when upset, sometimes crying alone, but is comfortable sharing feelings with a close friend. She has a calm nature generally, enjoys solitude, and is occupied with artificial flower making as she works part-time to support the family after completing the 10th grade. Her menstrual cycle is regular, occurring every 28 days and lasting 7 days, with her last menstrual period on 8th March.

The case reflects both deep emotional impact and psychosomatic elements contributing to the chronicity of her condition.

Physical Generals

Diet	Vegetarian
Appetite	Normal
Desire	spicy
Aversion	N.S.
Thermal Reaction	Hot
Thirst	2 liters , normal
Stools	Normal
Urine	Normal
Perspiration	Moderate in armpits
Sleep	7-8 hrs , refreshing
Dreams	Ns

Examination

Follisopic Findings at Start of Treatment:

Scalp skin appeared normal

No exclamation mark hairs observed

No peri-follicular halo seen

Head was previously shaved; no visible hair regrowth at the time of initial examination

Follow-Up Findings:

Full hair regrowth observed on the scalp

Hair appears healthy with uniform distribution

No new patches of alopecia detected

Investigations

Serum Ferritin: 25.8 ng/mL

Serum Vitamin B12: 977 pg/mL

Serum Vitamin D3: 9.13 ng/mL

TSH (Ultrasensitive): 1.090 μ IU/mL

Thyroid Antibodies Test: 5.1 IU/mL (Reference: < 9.0 IU/mL)

Mental Generals –

The patient resides in Waliv, Vasai with her mother, father, and younger brother, and has been living there since childhood. She is currently an 11th-grade commerce student and is average in her studies. She is generally calm, mild, and emotionally sensitive in nature. Although she gets irritated and angry easily, she tends to suppress these emotions and does not express them openly. She prefers calm environments, has a few close friends, and shares a strong bond with her best friend.

She is introverted and takes time to open up or mix with new people. Her confidence level is moderate, and she is not very expressive or stubborn. She is patient, systematic, and likes to maintain cleanliness and punctuality. She enjoys taking responsibilities and has a natural inclination toward leadership but dislikes being consoled.

Past History

Ns

Family History

Ns

Case analysis

Reportorial totality

Repertory used	Rubrics selected
Kent Repertory	- MIND - SENSITIVE - MIND - COMPANY - aversion to - MIND - IRRITABILITY - MIND - RESERVED - HEAD - HAIR - falling - spots, in

Repertory screenshot

	1	2	3	4	5	6	7	8
nat-m	5	5	5	5	5	5	5	5
phos	15	12	12	10	10	10	9	9
staph	1	1	1	1	1	1	1	1
calc	1	1	1	1	1	1	1	1
ign	1	1	1	1	1	1	1	1
lyc	1	1	1	1	1	1	1	1
alum	1	1	1	1	1	1	1	1

Selection of Remedy

Constitutional Remedy

Remedy Name: Natrum Muriaticum

Remedy Potency: 200C

Remedy Dose: 1 dose weekly

Reasons: Reserved nature, emotional sensitivity, aversion to consolation

Acute Remedy

Remedy Name: Fluoric Acid

Remedy Potency: 200C

Remedy Dose: As required (SOS)

Reasons: Specific affinity for hair loss and tissue degeneration

Intercurrent Remedy

Remedy Name: Syphilinum

Remedy Potency: 1M

Remedy Dose: Single dose monthly

Reasons: Anti-miasmatic support to address deep-rooted syphilitic miasm

Miasmatic approach

Symptoms	Psora	Sycosis	Syphilis	Tubercular
Hair loss in patches progressing to total		✓	✓	✓
Suppressed emotions	✓			
Irritability, anger suppressed	✓			
Introverted, reserved nature	✓			
Emotional sensitivity	✓			✓
No hair regrowth for long duration			✓	
Aversion to consolation	✓			
Thinning of hair, complete baldness			✓	✓
History of non-response to previous Rx			✓	
Craving solitude	✓			

Results

Month	Progress	Prescription
1st Month	Menses started on 27th Nov 2022. Hair follicular growth observed on VMS of scalp. Weight: 45 kg. Lab reports: Sr. Ferritin – 25.8, Vit B12 – 977, Vit D3 – 9.13, TSH – 1.090, Thyroid antibodies – 6.1.	Fluoric Acid 200 – Daily Wiesbaden 200 – Daily Jaborandi Q – Local application
2nd Month	Hair growth seen on scalp in a few areas. Light hair appearing on eyelashes. Hair on hands and legs yet to grow. Menses regular: LMPs – 1st Feb, 2nd Mar. Weight: 45 kg.	Natrum Muriaticum 200 – One dose Fluoric Acid 200 – Twice weekly Wiesbaden 200 – Daily Jaborandi Q + Arnica Q – LA
3rd Month	Continued scalp hair growth in patches. Light eyelashes growing. Hair on limbs absent. Menses regular: LMP – 2nd Apr. Weight: 45 kg. Emotional low mood.	Continue all medicines till Aug 2023
4th Month	Scalp hair increasing; light eyelashes present. Eyebrows have started to regrow. Menses regular: LMP – 25th June. Weight: 45 kg. Emotional lows persist.	Natrum Muriaticum 200 – One dose Fluoric Acid 200 – Twice weekly Wiesbaden 200 – Daily Jaborandi Q + Arnica Q – LA
5th Month	Frontal scalp hair seen. Eyebrows regrown. Limb hair not yet visible. Menses regular: LMP – 25th June. Weight: 45 kg.	Continue all medicines till Feb 2024
6th Month	Mother underwent surgery for breast tumor. Scalp hair and eyebrows growing well. Limb hair still sparse. Menses regular: LMP – 11th Feb.	Natrum Muriaticum 200 – One dose Fluoric Acid 200 – Twice weekly Wiesbaden 200 – Daily Jaborandi Q + Arnica Q – LA
7th Month	Hair growth improving. Scalp, eyebrows, and eyelash hair present. Menses regular: LMP – 22nd Mar. Patient working in printing press.	Continue all medicines till June 2024
8th Month	Significant hair growth in frontal and crown areas. Eyebrows well grown. Only 3–4 strands lost during wash. Weight: 50 kg. Using Hairfall Kit and Nutrigo supplement.	Continue all medicines till Sept 2024
9th Month	Hair growth present across scalp. No visible hair fall. Occasional dandruff and mild itching. Hand and leg hair still minimal. Menses regular: LMP – 8th Sept. Travelling for job and college.	Natrum Muriaticum 200 – One dose Fluoric Acid 200 – Twice weekly Wiesbaden 200 – Daily Jaborandi Q + Arnica Q – LA

Discussion & Conclusion

This case of Alopecia Totalis highlights the effectiveness of a holistic, individualized treatment approach using homeopathic remedies. The patient, who initially experienced rapid hair loss in May 2022, showed significant improvement over several months, with noticeable hair regrowth on the scalp, eyebrows, and eyelashes. Alongside physical recovery, the patient's emotional well-being also improved, with reduced irritability and greater confidence. This case demonstrates the potential of homeopathy to treat both the emotional and physical aspects of Alopecia Totalis, offering an alternative to conventional treatments.

The Transformation - Before



BEFORE



The Transformation - After



Acknowledgments

I take this opportunity to thank those who have helped and supported me personally and professionally during this case study

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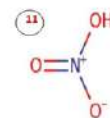
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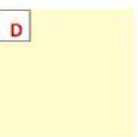
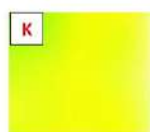
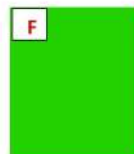
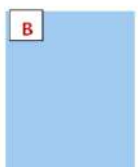
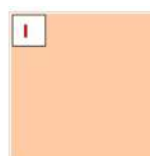
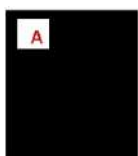
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Leucorrhoea Colour





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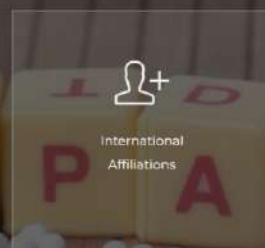
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